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| --- | --- | --- | --- | --- | --- | --- |
|  | December 2025 | | | | | |
| Helena, Alabama, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 6:32 AM  Sunset: 4:39 PM  Daylight: 10 hours and 7 minutes. | Sunrise: 6:33 AM  Sunset: 4:39 PM  Daylight: 10 hours and 6 minutes. | Sunrise: 6:34 AM  Sunset: 4:39 PM  Daylight: 10 hours and 5 minutes. | Sunrise: 6:35 AM  Sunset: 4:39 PM  Daylight: 10 hours and 4 minutes. | Sunrise: 6:36 AM  Sunset: 4:39 PM  Daylight: 10 hours and 3 minutes. | Sunrise: 6:36 AM  Sunset: 4:39 PM  Daylight: 10 hours and 2 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 6:37 AM  Sunset: 4:39 PM  Daylight: 10 hours and 1 minute. | Sunrise: 6:38 AM  Sunset: 4:39 PM  Daylight: 10 hours and 1 minute. | Sunrise: 6:39 AM  Sunset: 4:39 PM  Daylight: 10 hours and 0 minutes. | Sunrise: 6:40 AM  Sunset: 4:40 PM  Daylight: 10 hours and 0 minutes. | Sunrise: 6:40 AM  Sunset: 4:40 PM  Daylight: 9 hours and 59 minutes. | Sunrise: 6:41 AM  Sunset: 4:40 PM  Daylight: 9 hours and 59 minutes. | Sunrise: 6:42 AM  Sunset: 4:40 PM  Daylight: 9 hours and 58 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 6:42 AM  Sunset: 4:40 PM  Daylight: 9 hours and 58 minutes. | Sunrise: 6:43 AM  Sunset: 4:41 PM  Daylight: 9 hours and 57 minutes. | Sunrise: 6:44 AM  Sunset: 4:41 PM  Daylight: 9 hours and 57 minutes. | Sunrise: 6:44 AM  Sunset: 4:41 PM  Daylight: 9 hours and 57 minutes. | Sunrise: 6:45 AM  Sunset: 4:42 PM  Daylight: 9 hours and 57 minutes. | Sunrise: 6:45 AM  Sunset: 4:42 PM  Daylight: 9 hours and 56 minutes. | Sunrise: 6:46 AM  Sunset: 4:43 PM  Daylight: 9 hours and 56 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 6:46 AM  Sunset: 4:43 PM  Daylight: 9 hours and 56 minutes. | Sunrise: 6:47 AM  Sunset: 4:44 PM  Daylight: 9 hours and 56 minutes. | Sunrise: 6:47 AM  Sunset: 4:44 PM  Daylight: 9 hours and 56 minutes. | Sunrise: 6:48 AM  Sunset: 4:45 PM  Daylight: 9 hours and 56 minutes. | Sunrise: 6:48 AM  Sunset: 4:45 PM  Daylight: 9 hours and 56 minutes. | Sunrise: 6:49 AM  Sunset: 4:46 PM  Daylight: 9 hours and 57 minutes. | Sunrise: 6:49 AM  Sunset: 4:47 PM  Daylight: 9 hours and 57 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 6:49 AM  Sunset: 4:47 PM  Daylight: 9 hours and 57 minutes. | Sunrise: 6:50 AM  Sunset: 4:48 PM  Daylight: 9 hours and 58 minutes. | Sunrise: 6:50 AM  Sunset: 4:48 PM  Daylight: 9 hours and 58 minutes. | Sunrise: 6:50 AM  Sunset: 4:49 PM  Daylight: 9 hours and 58 minutes. |  |  |  |