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| --- | --- | --- | --- | --- | --- | --- |
|  | December 2025 | | | | | |
| El Progreso, Panama | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 6:16 AM  Sunset: 5:54 PM  Daylight: 11 hours and 37 minutes. | Sunrise: 6:17 AM  Sunset: 5:54 PM  Daylight: 11 hours and 37 minutes. | Sunrise: 6:17 AM  Sunset: 5:54 PM  Daylight: 11 hours and 36 minutes. | Sunrise: 6:18 AM  Sunset: 5:54 PM  Daylight: 11 hours and 36 minutes. | Sunrise: 6:18 AM  Sunset: 5:55 PM  Daylight: 11 hours and 36 minutes. | Sunrise: 6:19 AM  Sunset: 5:55 PM  Daylight: 11 hours and 36 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 6:19 AM  Sunset: 5:55 PM  Daylight: 11 hours and 36 minutes. | Sunrise: 6:20 AM  Sunset: 5:56 PM  Daylight: 11 hours and 36 minutes. | Sunrise: 6:20 AM  Sunset: 5:56 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:21 AM  Sunset: 5:57 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:21 AM  Sunset: 5:57 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:22 AM  Sunset: 5:57 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:22 AM  Sunset: 5:58 PM  Daylight: 11 hours and 35 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 6:23 AM  Sunset: 5:58 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:23 AM  Sunset: 5:59 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:24 AM  Sunset: 5:59 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:24 AM  Sunset: 5:59 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:25 AM  Sunset: 6:00 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:25 AM  Sunset: 6:00 PM  Daylight: 11 hours and 34 minutes. | Sunrise: 6:26 AM  Sunset: 6:01 PM  Daylight: 11 hours and 34 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 6:26 AM  Sunset: 6:01 PM  Daylight: 11 hours and 34 minutes. | Sunrise: 6:27 AM  Sunset: 6:02 PM  Daylight: 11 hours and 34 minutes. | Sunrise: 6:27 AM  Sunset: 6:02 PM  Daylight: 11 hours and 34 minutes. | Sunrise: 6:28 AM  Sunset: 6:03 PM  Daylight: 11 hours and 34 minutes. | Sunrise: 6:28 AM  Sunset: 6:03 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:29 AM  Sunset: 6:04 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:29 AM  Sunset: 6:04 PM  Daylight: 11 hours and 35 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 6:30 AM  Sunset: 6:05 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:30 AM  Sunset: 6:05 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:31 AM  Sunset: 6:06 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:31 AM  Sunset: 6:07 PM  Daylight: 11 hours and 35 minutes. |  |  |  |