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|  | December 2025 |
| El Progreso, Panama |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   | 1  | 2  | 3  | 4  | 5  | 6  |
|     | Sunrise: 6:16 AM Sunset: 5:54 PM Daylight: 11 hours and 37 minutes.  | Sunrise: 6:17 AM Sunset: 5:54 PM Daylight: 11 hours and 37 minutes.  | Sunrise: 6:17 AM Sunset: 5:54 PM Daylight: 11 hours and 36 minutes.  | Sunrise: 6:18 AM Sunset: 5:54 PM Daylight: 11 hours and 36 minutes.  | Sunrise: 6:18 AM Sunset: 5:55 PM Daylight: 11 hours and 36 minutes.  | Sunrise: 6:19 AM Sunset: 5:55 PM Daylight: 11 hours and 36 minutes.  |
| 7  | 8  | 9  | 10  | 11  | 12  | 13  |
| Sunrise: 6:19 AM Sunset: 5:55 PM Daylight: 11 hours and 36 minutes.  | Sunrise: 6:20 AM Sunset: 5:56 PM Daylight: 11 hours and 36 minutes.  | Sunrise: 6:20 AM Sunset: 5:56 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:21 AM Sunset: 5:57 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:21 AM Sunset: 5:57 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:22 AM Sunset: 5:57 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:22 AM Sunset: 5:58 PM Daylight: 11 hours and 35 minutes.  |
| 14  | 15  | 16  | 17  | 18  | 19  | 20  |
| Sunrise: 6:23 AM Sunset: 5:58 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:23 AM Sunset: 5:59 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:24 AM Sunset: 5:59 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:24 AM Sunset: 5:59 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:25 AM Sunset: 6:00 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:25 AM Sunset: 6:00 PM Daylight: 11 hours and 34 minutes.  | Sunrise: 6:26 AM Sunset: 6:01 PM Daylight: 11 hours and 34 minutes.  |
| 21  | 22  | 23  | 24  | 25  | 26  | 27  |
| Sunrise: 6:26 AM Sunset: 6:01 PM Daylight: 11 hours and 34 minutes.  | Sunrise: 6:27 AM Sunset: 6:02 PM Daylight: 11 hours and 34 minutes.  | Sunrise: 6:27 AM Sunset: 6:02 PM Daylight: 11 hours and 34 minutes.  | Sunrise: 6:28 AM Sunset: 6:03 PM Daylight: 11 hours and 34 minutes.  | Sunrise: 6:28 AM Sunset: 6:03 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:29 AM Sunset: 6:04 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:29 AM Sunset: 6:04 PM Daylight: 11 hours and 35 minutes.  |
| 28  | 29  | 30  | 31  |   |   |   |
| Sunrise: 6:30 AM Sunset: 6:05 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:30 AM Sunset: 6:05 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:31 AM Sunset: 6:06 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 6:31 AM Sunset: 6:07 PM Daylight: 11 hours and 35 minutes.  |     |     |     |