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| --- | --- | --- | --- | --- | --- | --- |
|  | December 2025 | | | | | |
| El Progreso, Honduras | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 6:01 AM  Sunset: 5:18 PM  Daylight: 11 hours and 16 minutes. | Sunrise: 6:02 AM  Sunset: 5:18 PM  Daylight: 11 hours and 16 minutes. | Sunrise: 6:02 AM  Sunset: 5:18 PM  Daylight: 11 hours and 16 minutes. | Sunrise: 6:03 AM  Sunset: 5:19 PM  Daylight: 11 hours and 15 minutes. | Sunrise: 6:03 AM  Sunset: 5:19 PM  Daylight: 11 hours and 15 minutes. | Sunrise: 6:04 AM  Sunset: 5:19 PM  Daylight: 11 hours and 15 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 6:05 AM  Sunset: 5:19 PM  Daylight: 11 hours and 14 minutes. | Sunrise: 6:05 AM  Sunset: 5:20 PM  Daylight: 11 hours and 14 minutes. | Sunrise: 6:06 AM  Sunset: 5:20 PM  Daylight: 11 hours and 14 minutes. | Sunrise: 6:06 AM  Sunset: 5:20 PM  Daylight: 11 hours and 14 minutes. | Sunrise: 6:07 AM  Sunset: 5:21 PM  Daylight: 11 hours and 13 minutes. | Sunrise: 6:07 AM  Sunset: 5:21 PM  Daylight: 11 hours and 13 minutes. | Sunrise: 6:08 AM  Sunset: 5:21 PM  Daylight: 11 hours and 13 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 6:09 AM  Sunset: 5:22 PM  Daylight: 11 hours and 13 minutes. | Sunrise: 6:09 AM  Sunset: 5:22 PM  Daylight: 11 hours and 13 minutes. | Sunrise: 6:10 AM  Sunset: 5:23 PM  Daylight: 11 hours and 13 minutes. | Sunrise: 6:10 AM  Sunset: 5:23 PM  Daylight: 11 hours and 12 minutes. | Sunrise: 6:11 AM  Sunset: 5:24 PM  Daylight: 11 hours and 12 minutes. | Sunrise: 6:11 AM  Sunset: 5:24 PM  Daylight: 11 hours and 12 minutes. | Sunrise: 6:12 AM  Sunset: 5:25 PM  Daylight: 11 hours and 12 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 6:12 AM  Sunset: 5:25 PM  Daylight: 11 hours and 12 minutes. | Sunrise: 6:13 AM  Sunset: 5:26 PM  Daylight: 11 hours and 12 minutes. | Sunrise: 6:13 AM  Sunset: 5:26 PM  Daylight: 11 hours and 12 minutes. | Sunrise: 6:14 AM  Sunset: 5:27 PM  Daylight: 11 hours and 12 minutes. | Sunrise: 6:14 AM  Sunset: 5:27 PM  Daylight: 11 hours and 12 minutes. | Sunrise: 6:15 AM  Sunset: 5:28 PM  Daylight: 11 hours and 12 minutes. | Sunrise: 6:15 AM  Sunset: 5:28 PM  Daylight: 11 hours and 13 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 6:16 AM  Sunset: 5:29 PM  Daylight: 11 hours and 13 minutes. | Sunrise: 6:16 AM  Sunset: 5:29 PM  Daylight: 11 hours and 13 minutes. | Sunrise: 6:16 AM  Sunset: 5:30 PM  Daylight: 11 hours and 13 minutes. | Sunrise: 6:17 AM  Sunset: 5:30 PM  Daylight: 11 hours and 13 minutes. |  |  |  |