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|  | December 2025 | | | | | |
| Damavand, Tehran, Iran | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 6:52 AM  Sunset: 4:48 PM  Daylight: 9 hours and 55 minutes. | Sunrise: 6:53 AM  Sunset: 4:48 PM  Daylight: 9 hours and 54 minutes. | Sunrise: 6:54 AM  Sunset: 4:48 PM  Daylight: 9 hours and 53 minutes. | Sunrise: 6:55 AM  Sunset: 4:48 PM  Daylight: 9 hours and 52 minutes. | Sunrise: 6:56 AM  Sunset: 4:48 PM  Daylight: 9 hours and 51 minutes. | Sunrise: 6:57 AM  Sunset: 4:47 PM  Daylight: 9 hours and 50 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 6:58 AM  Sunset: 4:48 PM  Daylight: 9 hours and 49 minutes. | Sunrise: 6:58 AM  Sunset: 4:48 PM  Daylight: 9 hours and 49 minutes. | Sunrise: 6:59 AM  Sunset: 4:48 PM  Daylight: 9 hours and 48 minutes. | Sunrise: 7:00 AM  Sunset: 4:48 PM  Daylight: 9 hours and 47 minutes. | Sunrise: 7:01 AM  Sunset: 4:48 PM  Daylight: 9 hours and 47 minutes. | Sunrise: 7:02 AM  Sunset: 4:48 PM  Daylight: 9 hours and 46 minutes. | Sunrise: 7:02 AM  Sunset: 4:48 PM  Daylight: 9 hours and 46 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 7:03 AM  Sunset: 4:49 PM  Daylight: 9 hours and 45 minutes. | Sunrise: 7:04 AM  Sunset: 4:49 PM  Daylight: 9 hours and 45 minutes. | Sunrise: 7:04 AM  Sunset: 4:49 PM  Daylight: 9 hours and 44 minutes. | Sunrise: 7:05 AM  Sunset: 4:50 PM  Daylight: 9 hours and 44 minutes. | Sunrise: 7:05 AM  Sunset: 4:50 PM  Daylight: 9 hours and 44 minutes. | Sunrise: 7:06 AM  Sunset: 4:50 PM  Daylight: 9 hours and 44 minutes. | Sunrise: 7:07 AM  Sunset: 4:51 PM  Daylight: 9 hours and 44 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 7:07 AM  Sunset: 4:51 PM  Daylight: 9 hours and 44 minutes. | Sunrise: 7:08 AM  Sunset: 4:52 PM  Daylight: 9 hours and 44 minutes. | Sunrise: 7:08 AM  Sunset: 4:52 PM  Daylight: 9 hours and 44 minutes. | Sunrise: 7:09 AM  Sunset: 4:53 PM  Daylight: 9 hours and 44 minutes. | Sunrise: 7:09 AM  Sunset: 4:53 PM  Daylight: 9 hours and 44 minutes. | Sunrise: 7:09 AM  Sunset: 4:54 PM  Daylight: 9 hours and 44 minutes. | Sunrise: 7:10 AM  Sunset: 4:55 PM  Daylight: 9 hours and 44 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 7:10 AM  Sunset: 4:55 PM  Daylight: 9 hours and 45 minutes. | Sunrise: 7:10 AM  Sunset: 4:56 PM  Daylight: 9 hours and 45 minutes. | Sunrise: 7:11 AM  Sunset: 4:57 PM  Daylight: 9 hours and 46 minutes. | Sunrise: 7:11 AM  Sunset: 4:57 PM  Daylight: 9 hours and 46 minutes. |  |  |  |