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|  | November 2025 |
| Ilford, England, United Kingdom |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | 1 |
|  |  |  |  |  |  | Sunrise: 6:53 AMSunset: 4:33 PMDaylight: 9 hours and 40 minutes. |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Sunrise: 6:54 AMSunset: 4:31 PMDaylight: 9 hours and 36 minutes. | Sunrise: 6:56 AMSunset: 4:29 PMDaylight: 9 hours and 33 minutes. | Sunrise: 6:58 AMSunset: 4:28 PMDaylight: 9 hours and 29 minutes. | Sunrise: 7:00 AMSunset: 4:26 PMDaylight: 9 hours and 26 minutes. | Sunrise: 7:01 AMSunset: 4:24 PMDaylight: 9 hours and 22 minutes. | Sunrise: 7:03 AMSunset: 4:22 PMDaylight: 9 hours and 19 minutes. | Sunrise: 7:05 AMSunset: 4:21 PMDaylight: 9 hours and 15 minutes. |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| Sunrise: 7:07 AMSunset: 4:19 PMDaylight: 9 hours and 12 minutes. | Sunrise: 7:09 AMSunset: 4:18 PMDaylight: 9 hours and 9 minutes. | Sunrise: 7:10 AMSunset: 4:16 PMDaylight: 9 hours and 5 minutes. | Sunrise: 7:12 AMSunset: 4:15 PMDaylight: 9 hours and 2 minutes. | Sunrise: 7:14 AMSunset: 4:13 PMDaylight: 8 hours and 59 minutes. | Sunrise: 7:15 AMSunset: 4:12 PMDaylight: 8 hours and 56 minutes. | Sunrise: 7:17 AMSunset: 4:10 PMDaylight: 8 hours and 53 minutes. |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| Sunrise: 7:19 AMSunset: 4:09 PMDaylight: 8 hours and 50 minutes. | Sunrise: 7:21 AMSunset: 4:08 PMDaylight: 8 hours and 46 minutes. | Sunrise: 7:22 AMSunset: 4:06 PMDaylight: 8 hours and 44 minutes. | Sunrise: 7:24 AMSunset: 4:05 PMDaylight: 8 hours and 41 minutes. | Sunrise: 7:26 AMSunset: 4:04 PMDaylight: 8 hours and 38 minutes. | Sunrise: 7:27 AMSunset: 4:03 PMDaylight: 8 hours and 35 minutes. | Sunrise: 7:29 AMSunset: 4:02 PMDaylight: 8 hours and 32 minutes. |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| Sunrise: 7:31 AMSunset: 4:01 PMDaylight: 8 hours and 30 minutes. | Sunrise: 7:32 AMSunset: 4:00 PMDaylight: 8 hours and 27 minutes. | Sunrise: 7:34 AMSunset: 3:59 PMDaylight: 8 hours and 24 minutes. | Sunrise: 7:35 AMSunset: 3:58 PMDaylight: 8 hours and 22 minutes. | Sunrise: 7:37 AMSunset: 3:57 PMDaylight: 8 hours and 19 minutes. | Sunrise: 7:38 AMSunset: 3:56 PMDaylight: 8 hours and 17 minutes. | Sunrise: 7:40 AMSunset: 3:55 PMDaylight: 8 hours and 15 minutes. |
| 30 |  |  |  |  |  |  |
| Sunrise: 7:41 AMSunset: 3:54 PMDaylight: 8 hours and 13 minutes. |  |  |  |  |  |  |