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|  | November 2025 |
| Helper, Utah, United States |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | 1 |
|  |  |  |  |  |  | Sunrise: 7:51 AMSunset: 6:22 PMDaylight: 10 hours and 30 minutes. |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Sunrise: 6:52 AMSunset: 5:21 PMDaylight: 10 hours and 28 minutes. | Sunrise: 6:53 AMSunset: 5:19 PMDaylight: 10 hours and 25 minutes. | Sunrise: 6:55 AMSunset: 5:18 PMDaylight: 10 hours and 23 minutes. | Sunrise: 6:56 AMSunset: 5:17 PMDaylight: 10 hours and 21 minutes. | Sunrise: 6:57 AMSunset: 5:16 PMDaylight: 10 hours and 19 minutes. | Sunrise: 6:58 AMSunset: 5:15 PMDaylight: 10 hours and 17 minutes. | Sunrise: 6:59 AMSunset: 5:14 PMDaylight: 10 hours and 14 minutes. |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| Sunrise: 7:00 AMSunset: 5:13 PMDaylight: 10 hours and 12 minutes. | Sunrise: 7:01 AMSunset: 5:12 PMDaylight: 10 hours and 10 minutes. | Sunrise: 7:03 AMSunset: 5:11 PMDaylight: 10 hours and 8 minutes. | Sunrise: 7:04 AMSunset: 5:10 PMDaylight: 10 hours and 6 minutes. | Sunrise: 7:05 AMSunset: 5:09 PMDaylight: 10 hours and 4 minutes. | Sunrise: 7:06 AMSunset: 5:09 PMDaylight: 10 hours and 2 minutes. | Sunrise: 7:07 AMSunset: 5:08 PMDaylight: 10 hours and 0 minutes. |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| Sunrise: 7:08 AMSunset: 5:07 PMDaylight: 9 hours and 58 minutes. | Sunrise: 7:09 AMSunset: 5:06 PMDaylight: 9 hours and 56 minutes. | Sunrise: 7:11 AMSunset: 5:05 PMDaylight: 9 hours and 54 minutes. | Sunrise: 7:12 AMSunset: 5:05 PMDaylight: 9 hours and 53 minutes. | Sunrise: 7:13 AMSunset: 5:04 PMDaylight: 9 hours and 51 minutes. | Sunrise: 7:14 AMSunset: 5:04 PMDaylight: 9 hours and 49 minutes. | Sunrise: 7:15 AMSunset: 5:03 PMDaylight: 9 hours and 47 minutes. |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| Sunrise: 7:16 AMSunset: 5:02 PMDaylight: 9 hours and 46 minutes. | Sunrise: 7:17 AMSunset: 5:02 PMDaylight: 9 hours and 44 minutes. | Sunrise: 7:18 AMSunset: 5:01 PMDaylight: 9 hours and 43 minutes. | Sunrise: 7:19 AMSunset: 5:01 PMDaylight: 9 hours and 41 minutes. | Sunrise: 7:20 AMSunset: 5:01 PMDaylight: 9 hours and 40 minutes. | Sunrise: 7:21 AMSunset: 5:00 PMDaylight: 9 hours and 38 minutes. | Sunrise: 7:22 AMSunset: 5:00 PMDaylight: 9 hours and 37 minutes. |
| 30 |  |  |  |  |  |  |
| Sunrise: 7:23 AMSunset: 4:59 PMDaylight: 9 hours and 36 minutes. |  |  |  |  |  |  |