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|  | November 2025 |
| Frydenberg, Oslo, Norway |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | 1 |
|  |  |  |  |  |  | Sunrise: 7:38 AMSunset: 4:22 PMDaylight: 8 hours and 43 minutes. |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Sunrise: 7:40 AMSunset: 4:19 PMDaylight: 8 hours and 38 minutes. | Sunrise: 7:43 AMSunset: 4:17 PMDaylight: 8 hours and 33 minutes. | Sunrise: 7:46 AMSunset: 4:14 PMDaylight: 8 hours and 28 minutes. | Sunrise: 7:48 AMSunset: 4:12 PMDaylight: 8 hours and 23 minutes. | Sunrise: 7:51 AMSunset: 4:09 PMDaylight: 8 hours and 18 minutes. | Sunrise: 7:53 AMSunset: 4:07 PMDaylight: 8 hours and 13 minutes. | Sunrise: 7:56 AMSunset: 4:04 PMDaylight: 8 hours and 8 minutes. |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| Sunrise: 7:58 AMSunset: 4:02 PMDaylight: 8 hours and 3 minutes. | Sunrise: 8:01 AMSunset: 4:00 PMDaylight: 7 hours and 58 minutes. | Sunrise: 8:03 AMSunset: 3:57 PMDaylight: 7 hours and 53 minutes. | Sunrise: 8:06 AMSunset: 3:55 PMDaylight: 7 hours and 48 minutes. | Sunrise: 8:08 AMSunset: 3:53 PMDaylight: 7 hours and 44 minutes. | Sunrise: 8:11 AMSunset: 3:50 PMDaylight: 7 hours and 39 minutes. | Sunrise: 8:13 AMSunset: 3:48 PMDaylight: 7 hours and 34 minutes. |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| Sunrise: 8:16 AMSunset: 3:46 PMDaylight: 7 hours and 30 minutes. | Sunrise: 8:18 AMSunset: 3:44 PMDaylight: 7 hours and 25 minutes. | Sunrise: 8:21 AMSunset: 3:42 PMDaylight: 7 hours and 21 minutes. | Sunrise: 8:23 AMSunset: 3:40 PMDaylight: 7 hours and 16 minutes. | Sunrise: 8:26 AMSunset: 3:38 PMDaylight: 7 hours and 12 minutes. | Sunrise: 8:28 AMSunset: 3:36 PMDaylight: 7 hours and 7 minutes. | Sunrise: 8:31 AMSunset: 3:34 PMDaylight: 7 hours and 3 minutes. |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| Sunrise: 8:33 AMSunset: 3:32 PMDaylight: 6 hours and 59 minutes. | Sunrise: 8:35 AMSunset: 3:31 PMDaylight: 6 hours and 55 minutes. | Sunrise: 8:37 AMSunset: 3:29 PMDaylight: 6 hours and 51 minutes. | Sunrise: 8:40 AMSunset: 3:27 PMDaylight: 6 hours and 47 minutes. | Sunrise: 8:42 AMSunset: 3:26 PMDaylight: 6 hours and 43 minutes. | Sunrise: 8:44 AMSunset: 3:24 PMDaylight: 6 hours and 40 minutes. | Sunrise: 8:46 AMSunset: 3:23 PMDaylight: 6 hours and 36 minutes. |
| 30 |  |  |  |  |  |  |
| Sunrise: 8:48 AMSunset: 3:21 PMDaylight: 6 hours and 33 minutes. |  |  |  |  |  |  |