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|  | | November 2025 | | | | | | |
| Frosta, Trondelag, Norway | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  |  | 1 |
|  |  | |  |  |  |  | Sunrise: 7:56 AM  Sunset: 4:04 PM  Daylight: 8 hours and 8 minutes. |
| 2 | 3 | | 4 | 5 | 6 | 7 | 8 |
| Sunrise: 7:59 AM  Sunset: 4:01 PM  Daylight: 8 hours and 1 minute. | Sunrise: 8:02 AM  Sunset: 3:58 PM  Daylight: 7 hours and 55 minutes. | | Sunrise: 8:05 AM  Sunset: 3:55 PM  Daylight: 7 hours and 49 minutes. | Sunrise: 8:08 AM  Sunset: 3:52 PM  Daylight: 7 hours and 43 minutes. | Sunrise: 8:12 AM  Sunset: 3:49 PM  Daylight: 7 hours and 36 minutes. | Sunrise: 8:15 AM  Sunset: 3:46 PM  Daylight: 7 hours and 30 minutes. | Sunrise: 8:18 AM  Sunset: 3:43 PM  Daylight: 7 hours and 24 minutes. |
| 9 | 10 | | 11 | 12 | 13 | 14 | 15 |
| Sunrise: 8:21 AM  Sunset: 3:40 PM  Daylight: 7 hours and 18 minutes. | Sunrise: 8:24 AM  Sunset: 3:37 PM  Daylight: 7 hours and 12 minutes. | | Sunrise: 8:27 AM  Sunset: 3:34 PM  Daylight: 7 hours and 6 minutes. | Sunrise: 8:30 AM  Sunset: 3:31 PM  Daylight: 7 hours and 0 minutes. | Sunrise: 8:34 AM  Sunset: 3:28 PM  Daylight: 6 hours and 54 minutes. | Sunrise: 8:37 AM  Sunset: 3:25 PM  Daylight: 6 hours and 48 minutes. | Sunrise: 8:40 AM  Sunset: 3:22 PM  Daylight: 6 hours and 42 minutes. |
| 16 | 17 | | 18 | 19 | 20 | 21 | 22 |
| Sunrise: 8:43 AM  Sunset: 3:19 PM  Daylight: 6 hours and 36 minutes. | Sunrise: 8:46 AM  Sunset: 3:17 PM  Daylight: 6 hours and 30 minutes. | | Sunrise: 8:49 AM  Sunset: 3:14 PM  Daylight: 6 hours and 24 minutes. | Sunrise: 8:52 AM  Sunset: 3:11 PM  Daylight: 6 hours and 19 minutes. | Sunrise: 8:55 AM  Sunset: 3:09 PM  Daylight: 6 hours and 13 minutes. | Sunrise: 8:58 AM  Sunset: 3:06 PM  Daylight: 6 hours and 7 minutes. | Sunrise: 9:01 AM  Sunset: 3:04 PM  Daylight: 6 hours and 2 minutes. |
| 23 | 24 | | 25 | 26 | 27 | 28 | 29 |
| Sunrise: 9:04 AM  Sunset: 3:01 PM  Daylight: 5 hours and 56 minutes. | Sunrise: 9:07 AM  Sunset: 2:59 PM  Daylight: 5 hours and 51 minutes. | | Sunrise: 9:10 AM  Sunset: 2:57 PM  Daylight: 5 hours and 46 minutes. | Sunrise: 9:13 AM  Sunset: 2:54 PM  Daylight: 5 hours and 41 minutes. | Sunrise: 9:16 AM  Sunset: 2:52 PM  Daylight: 5 hours and 36 minutes. | Sunrise: 9:19 AM  Sunset: 2:50 PM  Daylight: 5 hours and 31 minutes. | Sunrise: 9:22 AM  Sunset: 2:48 PM  Daylight: 5 hours and 26 minutes. |
| 30 |  | |  |  |  |  |  |
| Sunrise: 9:24 AM  Sunset: 2:46 PM  Daylight: 5 hours and 21 minutes. |  | |  |  |  |  |  |