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|  | October 2025 |
| Pol-e Sefid, Mazandaran, Iran |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   | 1  | 2  | 3  | 4  |
|     |     |     | Sunrise: 5:52 AM Sunset: 5:42 PM Daylight: 11 hours and 49 minutes.  | Sunrise: 5:53 AM Sunset: 5:40 PM Daylight: 11 hours and 47 minutes.  | Sunrise: 5:54 AM Sunset: 5:39 PM Daylight: 11 hours and 45 minutes.  | Sunrise: 5:55 AM Sunset: 5:37 PM Daylight: 11 hours and 42 minutes.  |
| 5  | 6  | 7  | 8  | 9  | 10  | 11  |
| Sunrise: 5:56 AM Sunset: 5:36 PM Daylight: 11 hours and 40 minutes.  | Sunrise: 5:56 AM Sunset: 5:35 PM Daylight: 11 hours and 38 minutes.  | Sunrise: 5:57 AM Sunset: 5:33 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 5:58 AM Sunset: 5:32 PM Daylight: 11 hours and 33 minutes.  | Sunrise: 5:59 AM Sunset: 5:30 PM Daylight: 11 hours and 31 minutes.  | Sunrise: 6:00 AM Sunset: 5:29 PM Daylight: 11 hours and 29 minutes.  | Sunrise: 6:01 AM Sunset: 5:28 PM Daylight: 11 hours and 27 minutes.  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| Sunrise: 6:01 AM Sunset: 5:26 PM Daylight: 11 hours and 24 minutes.  | Sunrise: 6:02 AM Sunset: 5:25 PM Daylight: 11 hours and 22 minutes.  | Sunrise: 6:03 AM Sunset: 5:23 PM Daylight: 11 hours and 20 minutes.  | Sunrise: 6:04 AM Sunset: 5:22 PM Daylight: 11 hours and 18 minutes.  | Sunrise: 6:05 AM Sunset: 5:21 PM Daylight: 11 hours and 15 minutes.  | Sunrise: 6:06 AM Sunset: 5:20 PM Daylight: 11 hours and 13 minutes.  | Sunrise: 6:07 AM Sunset: 5:18 PM Daylight: 11 hours and 11 minutes.  |
| 19  | 20  | 21  | 22  | 23  | 24  | 25  |
| Sunrise: 6:08 AM Sunset: 5:17 PM Daylight: 11 hours and 9 minutes.  | Sunrise: 6:08 AM Sunset: 5:16 PM Daylight: 11 hours and 7 minutes.  | Sunrise: 6:09 AM Sunset: 5:14 PM Daylight: 11 hours and 5 minutes.  | Sunrise: 6:10 AM Sunset: 5:13 PM Daylight: 11 hours and 2 minutes.  | Sunrise: 6:11 AM Sunset: 5:12 PM Daylight: 11 hours and 0 minutes.  | Sunrise: 6:12 AM Sunset: 5:11 PM Daylight: 10 hours and 58 minutes.  | Sunrise: 6:13 AM Sunset: 5:10 PM Daylight: 10 hours and 56 minutes.  |
| 26  | 27  | 28  | 29  | 30  | 31  |   |
| Sunrise: 6:14 AM Sunset: 5:08 PM Daylight: 10 hours and 54 minutes.  | Sunrise: 6:15 AM Sunset: 5:07 PM Daylight: 10 hours and 52 minutes.  | Sunrise: 6:16 AM Sunset: 5:06 PM Daylight: 10 hours and 50 minutes.  | Sunrise: 6:17 AM Sunset: 5:05 PM Daylight: 10 hours and 48 minutes.  | Sunrise: 6:18 AM Sunset: 5:04 PM Daylight: 10 hours and 46 minutes.  | Sunrise: 6:19 AM Sunset: 5:03 PM Daylight: 10 hours and 44 minutes.  |     |