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| --- | --- | --- | --- | --- | --- | --- |
|  | October 2025 | | | | | |
| Miyota, Nagano, Japan | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | Sunrise: 5:40 AM  Sunset: 5:30 PM  Daylight: 11 hours and 49 minutes. | Sunrise: 5:41 AM  Sunset: 5:28 PM  Daylight: 11 hours and 47 minutes. | Sunrise: 5:42 AM  Sunset: 5:27 PM  Daylight: 11 hours and 44 minutes. | Sunrise: 5:43 AM  Sunset: 5:26 PM  Daylight: 11 hours and 42 minutes. |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Sunrise: 5:44 AM  Sunset: 5:24 PM  Daylight: 11 hours and 40 minutes. | Sunrise: 5:45 AM  Sunset: 5:23 PM  Daylight: 11 hours and 38 minutes. | Sunrise: 5:45 AM  Sunset: 5:21 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 5:46 AM  Sunset: 5:20 PM  Daylight: 11 hours and 33 minutes. | Sunrise: 5:47 AM  Sunset: 5:18 PM  Daylight: 11 hours and 31 minutes. | Sunrise: 5:48 AM  Sunset: 5:17 PM  Daylight: 11 hours and 28 minutes. | Sunrise: 5:49 AM  Sunset: 5:16 PM  Daylight: 11 hours and 26 minutes. |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Sunrise: 5:50 AM  Sunset: 5:14 PM  Daylight: 11 hours and 24 minutes. | Sunrise: 5:51 AM  Sunset: 5:13 PM  Daylight: 11 hours and 22 minutes. | Sunrise: 5:52 AM  Sunset: 5:11 PM  Daylight: 11 hours and 19 minutes. | Sunrise: 5:52 AM  Sunset: 5:10 PM  Daylight: 11 hours and 17 minutes. | Sunrise: 5:53 AM  Sunset: 5:09 PM  Daylight: 11 hours and 15 minutes. | Sunrise: 5:54 AM  Sunset: 5:07 PM  Daylight: 11 hours and 13 minutes. | Sunrise: 5:55 AM  Sunset: 5:06 PM  Daylight: 11 hours and 11 minutes. |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Sunrise: 5:56 AM  Sunset: 5:05 PM  Daylight: 11 hours and 8 minutes. | Sunrise: 5:57 AM  Sunset: 5:04 PM  Daylight: 11 hours and 6 minutes. | Sunrise: 5:58 AM  Sunset: 5:02 PM  Daylight: 11 hours and 4 minutes. | Sunrise: 5:59 AM  Sunset: 5:01 PM  Daylight: 11 hours and 2 minutes. | Sunrise: 6:00 AM  Sunset: 5:00 PM  Daylight: 11 hours and 0 minutes. | Sunrise: 6:01 AM  Sunset: 4:59 PM  Daylight: 10 hours and 58 minutes. | Sunrise: 6:02 AM  Sunset: 4:57 PM  Daylight: 10 hours and 55 minutes. |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
| Sunrise: 6:03 AM  Sunset: 4:56 PM  Daylight: 10 hours and 53 minutes. | Sunrise: 6:03 AM  Sunset: 4:55 PM  Daylight: 10 hours and 51 minutes. | Sunrise: 6:04 AM  Sunset: 4:54 PM  Daylight: 10 hours and 49 minutes. | Sunrise: 6:05 AM  Sunset: 4:53 PM  Daylight: 10 hours and 47 minutes. | Sunrise: 6:06 AM  Sunset: 4:52 PM  Daylight: 10 hours and 45 minutes. | Sunrise: 6:07 AM  Sunset: 4:51 PM  Daylight: 10 hours and 43 minutes. |  |