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|  | October 2025 |
| Miyota, Nagano, Japan |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   | 1  | 2  | 3  | 4  |
|     |     |     | Sunrise: 5:40 AM Sunset: 5:30 PM Daylight: 11 hours and 49 minutes.  | Sunrise: 5:41 AM Sunset: 5:28 PM Daylight: 11 hours and 47 minutes.  | Sunrise: 5:42 AM Sunset: 5:27 PM Daylight: 11 hours and 44 minutes.  | Sunrise: 5:43 AM Sunset: 5:26 PM Daylight: 11 hours and 42 minutes.  |
| 5  | 6  | 7  | 8  | 9  | 10  | 11  |
| Sunrise: 5:44 AM Sunset: 5:24 PM Daylight: 11 hours and 40 minutes.  | Sunrise: 5:45 AM Sunset: 5:23 PM Daylight: 11 hours and 38 minutes.  | Sunrise: 5:45 AM Sunset: 5:21 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 5:46 AM Sunset: 5:20 PM Daylight: 11 hours and 33 minutes.  | Sunrise: 5:47 AM Sunset: 5:18 PM Daylight: 11 hours and 31 minutes.  | Sunrise: 5:48 AM Sunset: 5:17 PM Daylight: 11 hours and 28 minutes.  | Sunrise: 5:49 AM Sunset: 5:16 PM Daylight: 11 hours and 26 minutes.  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| Sunrise: 5:50 AM Sunset: 5:14 PM Daylight: 11 hours and 24 minutes.  | Sunrise: 5:51 AM Sunset: 5:13 PM Daylight: 11 hours and 22 minutes.  | Sunrise: 5:52 AM Sunset: 5:11 PM Daylight: 11 hours and 19 minutes.  | Sunrise: 5:52 AM Sunset: 5:10 PM Daylight: 11 hours and 17 minutes.  | Sunrise: 5:53 AM Sunset: 5:09 PM Daylight: 11 hours and 15 minutes.  | Sunrise: 5:54 AM Sunset: 5:07 PM Daylight: 11 hours and 13 minutes.  | Sunrise: 5:55 AM Sunset: 5:06 PM Daylight: 11 hours and 11 minutes.  |
| 19  | 20  | 21  | 22  | 23  | 24  | 25  |
| Sunrise: 5:56 AM Sunset: 5:05 PM Daylight: 11 hours and 8 minutes.  | Sunrise: 5:57 AM Sunset: 5:04 PM Daylight: 11 hours and 6 minutes.  | Sunrise: 5:58 AM Sunset: 5:02 PM Daylight: 11 hours and 4 minutes.  | Sunrise: 5:59 AM Sunset: 5:01 PM Daylight: 11 hours and 2 minutes.  | Sunrise: 6:00 AM Sunset: 5:00 PM Daylight: 11 hours and 0 minutes.  | Sunrise: 6:01 AM Sunset: 4:59 PM Daylight: 10 hours and 58 minutes.  | Sunrise: 6:02 AM Sunset: 4:57 PM Daylight: 10 hours and 55 minutes.  |
| 26  | 27  | 28  | 29  | 30  | 31  |   |
| Sunrise: 6:03 AM Sunset: 4:56 PM Daylight: 10 hours and 53 minutes.  | Sunrise: 6:03 AM Sunset: 4:55 PM Daylight: 10 hours and 51 minutes.  | Sunrise: 6:04 AM Sunset: 4:54 PM Daylight: 10 hours and 49 minutes.  | Sunrise: 6:05 AM Sunset: 4:53 PM Daylight: 10 hours and 47 minutes.  | Sunrise: 6:06 AM Sunset: 4:52 PM Daylight: 10 hours and 45 minutes.  | Sunrise: 6:07 AM Sunset: 4:51 PM Daylight: 10 hours and 43 minutes.  |     |