



October 2025

Helena, Oklahoma, United States

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Sunrise: 7:28 AM Sunset: 7:17 PM Daylight: 11 hours and 49 minutes.	2 Sunrise: 7:29 AM Sunset: 7:16 PM Daylight: 11 hours and 46 minutes.	3 Sunrise: 7:29 AM Sunset: 7:14 PM Daylight: 11 hours and 44 minutes.	4 Sunrise: 7:30 AM Sunset: 7:13 PM Daylight: 11 hours and 42 minutes.
5 Sunrise: 7:31 AM Sunset: 7:11 PM Daylight: 11 hours and 40 minutes.	6 Sunrise: 7:32 AM Sunset: 7:10 PM Daylight: 11 hours and 37 minutes.	7 Sunrise: 7:33 AM Sunset: 7:08 PM Daylight: 11 hours and 35 minutes.	8 Sunrise: 7:34 AM Sunset: 7:07 PM Daylight: 11 hours and 33 minutes.	9 Sunrise: 7:34 AM Sunset: 7:05 PM Daylight: 11 hours and 30 minutes.	10 Sunrise: 7:35 AM Sunset: 7:04 PM Daylight: 11 hours and 28 minutes.	11 Sunrise: 7:36 AM Sunset: 7:03 PM Daylight: 11 hours and 26 minutes.
12 Sunrise: 7:37 AM Sunset: 7:01 PM Daylight: 11 hours and 24 minutes.	13 Sunrise: 7:38 AM Sunset: 7:00 PM Daylight: 11 hours and 21 minutes.	14 Sunrise: 7:39 AM Sunset: 6:58 PM Daylight: 11 hours and 19 minutes.	15 Sunrise: 7:40 AM Sunset: 6:57 PM Daylight: 11 hours and 17 minutes.	16 Sunrise: 7:41 AM Sunset: 6:56 PM Daylight: 11 hours and 15 minutes.	17 Sunrise: 7:42 AM Sunset: 6:54 PM Daylight: 11 hours and 12 minutes.	18 Sunrise: 7:42 AM Sunset: 6:53 PM Daylight: 11 hours and 10 minutes.
19 Sunrise: 7:43 AM Sunset: 6:52 PM Daylight: 11 hours and 8 minutes.	20 Sunrise: 7:44 AM Sunset: 6:51 PM Daylight: 11 hours and 6 minutes.	21 Sunrise: 7:45 AM Sunset: 6:49 PM Daylight: 11 hours and 4 minutes.	22 Sunrise: 7:46 AM Sunset: 6:48 PM Daylight: 11 hours and 1 minute.	23 Sunrise: 7:47 AM Sunset: 6:47 PM Daylight: 10 hours and 59 minutes.	24 Sunrise: 7:48 AM Sunset: 6:46 PM Daylight: 10 hours and 57 minutes.	25 Sunrise: 7:49 AM Sunset: 6:44 PM Daylight: 10 hours and 55 minutes.
26 Sunrise: 7:50 AM Sunset: 6:43 PM Daylight: 10 hours and 53 minutes.	27 Sunrise: 7:51 AM Sunset: 6:42 PM Daylight: 10 hours and 51 minutes.	28 Sunrise: 7:52 AM Sunset: 6:41 PM Daylight: 10 hours and 48 minutes.	29 Sunrise: 7:53 AM Sunset: 6:40 PM Daylight: 10 hours and 46 minutes.	30 Sunrise: 7:54 AM Sunset: 6:39 PM Daylight: 10 hours and 44 minutes.	31 Sunrise: 7:55 AM Sunset: 6:38 PM Daylight: 10 hours and 42 minutes.	