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|  | October 2025 |
| Helena, Oklahoma, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   | 1  | 2  | 3  | 4  |
|     |     |     | Sunrise: 7:28 AM Sunset: 7:17 PM Daylight: 11 hours and 49 minutes.  | Sunrise: 7:29 AM Sunset: 7:16 PM Daylight: 11 hours and 46 minutes.  | Sunrise: 7:29 AM Sunset: 7:14 PM Daylight: 11 hours and 44 minutes.  | Sunrise: 7:30 AM Sunset: 7:13 PM Daylight: 11 hours and 42 minutes.  |
| 5  | 6  | 7  | 8  | 9  | 10  | 11  |
| Sunrise: 7:31 AM Sunset: 7:11 PM Daylight: 11 hours and 40 minutes.  | Sunrise: 7:32 AM Sunset: 7:10 PM Daylight: 11 hours and 37 minutes.  | Sunrise: 7:33 AM Sunset: 7:08 PM Daylight: 11 hours and 35 minutes.  | Sunrise: 7:34 AM Sunset: 7:07 PM Daylight: 11 hours and 33 minutes.  | Sunrise: 7:34 AM Sunset: 7:05 PM Daylight: 11 hours and 30 minutes.  | Sunrise: 7:35 AM Sunset: 7:04 PM Daylight: 11 hours and 28 minutes.  | Sunrise: 7:36 AM Sunset: 7:03 PM Daylight: 11 hours and 26 minutes.  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| Sunrise: 7:37 AM Sunset: 7:01 PM Daylight: 11 hours and 24 minutes.  | Sunrise: 7:38 AM Sunset: 7:00 PM Daylight: 11 hours and 21 minutes.  | Sunrise: 7:39 AM Sunset: 6:58 PM Daylight: 11 hours and 19 minutes.  | Sunrise: 7:40 AM Sunset: 6:57 PM Daylight: 11 hours and 17 minutes.  | Sunrise: 7:41 AM Sunset: 6:56 PM Daylight: 11 hours and 15 minutes.  | Sunrise: 7:42 AM Sunset: 6:54 PM Daylight: 11 hours and 12 minutes.  | Sunrise: 7:42 AM Sunset: 6:53 PM Daylight: 11 hours and 10 minutes.  |
| 19  | 20  | 21  | 22  | 23  | 24  | 25  |
| Sunrise: 7:43 AM Sunset: 6:52 PM Daylight: 11 hours and 8 minutes.  | Sunrise: 7:44 AM Sunset: 6:51 PM Daylight: 11 hours and 6 minutes.  | Sunrise: 7:45 AM Sunset: 6:49 PM Daylight: 11 hours and 4 minutes.  | Sunrise: 7:46 AM Sunset: 6:48 PM Daylight: 11 hours and 1 minute.  | Sunrise: 7:47 AM Sunset: 6:47 PM Daylight: 10 hours and 59 minutes.  | Sunrise: 7:48 AM Sunset: 6:46 PM Daylight: 10 hours and 57 minutes.  | Sunrise: 7:49 AM Sunset: 6:44 PM Daylight: 10 hours and 55 minutes.  |
| 26  | 27  | 28  | 29  | 30  | 31  |   |
| Sunrise: 7:50 AM Sunset: 6:43 PM Daylight: 10 hours and 53 minutes.  | Sunrise: 7:51 AM Sunset: 6:42 PM Daylight: 10 hours and 51 minutes.  | Sunrise: 7:52 AM Sunset: 6:41 PM Daylight: 10 hours and 48 minutes.  | Sunrise: 7:53 AM Sunset: 6:40 PM Daylight: 10 hours and 46 minutes.  | Sunrise: 7:54 AM Sunset: 6:39 PM Daylight: 10 hours and 44 minutes.  | Sunrise: 7:55 AM Sunset: 6:38 PM Daylight: 10 hours and 42 minutes.  |     |