|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | October 2025 | | | | | |
| Helena, Oklahoma, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | Sunrise: 7:28 AM  Sunset: 7:17 PM  Daylight: 11 hours and 49 minutes. | Sunrise: 7:29 AM  Sunset: 7:16 PM  Daylight: 11 hours and 46 minutes. | Sunrise: 7:29 AM  Sunset: 7:14 PM  Daylight: 11 hours and 44 minutes. | Sunrise: 7:30 AM  Sunset: 7:13 PM  Daylight: 11 hours and 42 minutes. |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Sunrise: 7:31 AM  Sunset: 7:11 PM  Daylight: 11 hours and 40 minutes. | Sunrise: 7:32 AM  Sunset: 7:10 PM  Daylight: 11 hours and 37 minutes. | Sunrise: 7:33 AM  Sunset: 7:08 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 7:34 AM  Sunset: 7:07 PM  Daylight: 11 hours and 33 minutes. | Sunrise: 7:34 AM  Sunset: 7:05 PM  Daylight: 11 hours and 30 minutes. | Sunrise: 7:35 AM  Sunset: 7:04 PM  Daylight: 11 hours and 28 minutes. | Sunrise: 7:36 AM  Sunset: 7:03 PM  Daylight: 11 hours and 26 minutes. |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Sunrise: 7:37 AM  Sunset: 7:01 PM  Daylight: 11 hours and 24 minutes. | Sunrise: 7:38 AM  Sunset: 7:00 PM  Daylight: 11 hours and 21 minutes. | Sunrise: 7:39 AM  Sunset: 6:58 PM  Daylight: 11 hours and 19 minutes. | Sunrise: 7:40 AM  Sunset: 6:57 PM  Daylight: 11 hours and 17 minutes. | Sunrise: 7:41 AM  Sunset: 6:56 PM  Daylight: 11 hours and 15 minutes. | Sunrise: 7:42 AM  Sunset: 6:54 PM  Daylight: 11 hours and 12 minutes. | Sunrise: 7:42 AM  Sunset: 6:53 PM  Daylight: 11 hours and 10 minutes. |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Sunrise: 7:43 AM  Sunset: 6:52 PM  Daylight: 11 hours and 8 minutes. | Sunrise: 7:44 AM  Sunset: 6:51 PM  Daylight: 11 hours and 6 minutes. | Sunrise: 7:45 AM  Sunset: 6:49 PM  Daylight: 11 hours and 4 minutes. | Sunrise: 7:46 AM  Sunset: 6:48 PM  Daylight: 11 hours and 1 minute. | Sunrise: 7:47 AM  Sunset: 6:47 PM  Daylight: 10 hours and 59 minutes. | Sunrise: 7:48 AM  Sunset: 6:46 PM  Daylight: 10 hours and 57 minutes. | Sunrise: 7:49 AM  Sunset: 6:44 PM  Daylight: 10 hours and 55 minutes. |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
| Sunrise: 7:50 AM  Sunset: 6:43 PM  Daylight: 10 hours and 53 minutes. | Sunrise: 7:51 AM  Sunset: 6:42 PM  Daylight: 10 hours and 51 minutes. | Sunrise: 7:52 AM  Sunset: 6:41 PM  Daylight: 10 hours and 48 minutes. | Sunrise: 7:53 AM  Sunset: 6:40 PM  Daylight: 10 hours and 46 minutes. | Sunrise: 7:54 AM  Sunset: 6:39 PM  Daylight: 10 hours and 44 minutes. | Sunrise: 7:55 AM  Sunset: 6:38 PM  Daylight: 10 hours and 42 minutes. |  |