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| --- | --- | --- | --- | --- | --- | --- |
|  | October 2025 | | | | | |
| Frosta, Trondelag, Norway | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | Sunrise: 7:25 AM  Sunset: 6:48 PM  Daylight: 11 hours and 23 minutes. | Sunrise: 7:27 AM  Sunset: 6:44 PM  Daylight: 11 hours and 17 minutes. | Sunrise: 7:30 AM  Sunset: 6:41 PM  Daylight: 11 hours and 10 minutes. | Sunrise: 7:33 AM  Sunset: 6:38 PM  Daylight: 11 hours and 4 minutes. |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Sunrise: 7:36 AM  Sunset: 6:34 PM  Daylight: 10 hours and 58 minutes. | Sunrise: 7:39 AM  Sunset: 6:31 PM  Daylight: 10 hours and 51 minutes. | Sunrise: 7:42 AM  Sunset: 6:27 PM  Daylight: 10 hours and 45 minutes. | Sunrise: 7:44 AM  Sunset: 6:24 PM  Daylight: 10 hours and 39 minutes. | Sunrise: 7:47 AM  Sunset: 6:20 PM  Daylight: 10 hours and 33 minutes. | Sunrise: 7:50 AM  Sunset: 6:17 PM  Daylight: 10 hours and 26 minutes. | Sunrise: 7:53 AM  Sunset: 6:14 PM  Daylight: 10 hours and 20 minutes. |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Sunrise: 7:56 AM  Sunset: 6:10 PM  Daylight: 10 hours and 14 minutes. | Sunrise: 7:59 AM  Sunset: 6:07 PM  Daylight: 10 hours and 7 minutes. | Sunrise: 8:02 AM  Sunset: 6:03 PM  Daylight: 10 hours and 1 minute. | Sunrise: 8:05 AM  Sunset: 6:00 PM  Daylight: 9 hours and 55 minutes. | Sunrise: 8:08 AM  Sunset: 5:57 PM  Daylight: 9 hours and 48 minutes. | Sunrise: 8:11 AM  Sunset: 5:53 PM  Daylight: 9 hours and 42 minutes. | Sunrise: 8:14 AM  Sunset: 5:50 PM  Daylight: 9 hours and 36 minutes. |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Sunrise: 8:17 AM  Sunset: 5:46 PM  Daylight: 9 hours and 29 minutes. | Sunrise: 8:20 AM  Sunset: 5:43 PM  Daylight: 9 hours and 23 minutes. | Sunrise: 8:22 AM  Sunset: 5:40 PM  Daylight: 9 hours and 17 minutes. | Sunrise: 8:25 AM  Sunset: 5:37 PM  Daylight: 9 hours and 11 minutes. | Sunrise: 8:29 AM  Sunset: 5:33 PM  Daylight: 9 hours and 4 minutes. | Sunrise: 8:32 AM  Sunset: 5:30 PM  Daylight: 8 hours and 58 minutes. | Sunrise: 8:35 AM  Sunset: 5:27 PM  Daylight: 8 hours and 52 minutes. |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
| Sunrise: 7:38 AM  Sunset: 4:23 PM  Daylight: 8 hours and 45 minutes. | Sunrise: 7:41 AM  Sunset: 4:20 PM  Daylight: 8 hours and 39 minutes. | Sunrise: 7:44 AM  Sunset: 4:17 PM  Daylight: 8 hours and 33 minutes. | Sunrise: 7:47 AM  Sunset: 4:14 PM  Daylight: 8 hours and 26 minutes. | Sunrise: 7:50 AM  Sunset: 4:10 PM  Daylight: 8 hours and 20 minutes. | Sunrise: 7:53 AM  Sunset: 4:07 PM  Daylight: 8 hours and 14 minutes. |  |