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|  | October 2025 |
| Frosta, Trondelag, Norway |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   | 1  | 2  | 3  | 4  |
|     |     |     | Sunrise: 7:25 AM Sunset: 6:48 PM Daylight: 11 hours and 23 minutes.  | Sunrise: 7:27 AM Sunset: 6:44 PM Daylight: 11 hours and 17 minutes.  | Sunrise: 7:30 AM Sunset: 6:41 PM Daylight: 11 hours and 10 minutes.  | Sunrise: 7:33 AM Sunset: 6:38 PM Daylight: 11 hours and 4 minutes.  |
| 5  | 6  | 7  | 8  | 9  | 10  | 11  |
| Sunrise: 7:36 AM Sunset: 6:34 PM Daylight: 10 hours and 58 minutes.  | Sunrise: 7:39 AM Sunset: 6:31 PM Daylight: 10 hours and 51 minutes.  | Sunrise: 7:42 AM Sunset: 6:27 PM Daylight: 10 hours and 45 minutes.  | Sunrise: 7:44 AM Sunset: 6:24 PM Daylight: 10 hours and 39 minutes.  | Sunrise: 7:47 AM Sunset: 6:20 PM Daylight: 10 hours and 33 minutes.  | Sunrise: 7:50 AM Sunset: 6:17 PM Daylight: 10 hours and 26 minutes.  | Sunrise: 7:53 AM Sunset: 6:14 PM Daylight: 10 hours and 20 minutes.  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| Sunrise: 7:56 AM Sunset: 6:10 PM Daylight: 10 hours and 14 minutes.  | Sunrise: 7:59 AM Sunset: 6:07 PM Daylight: 10 hours and 7 minutes.  | Sunrise: 8:02 AM Sunset: 6:03 PM Daylight: 10 hours and 1 minute.  | Sunrise: 8:05 AM Sunset: 6:00 PM Daylight: 9 hours and 55 minutes.  | Sunrise: 8:08 AM Sunset: 5:57 PM Daylight: 9 hours and 48 minutes.  | Sunrise: 8:11 AM Sunset: 5:53 PM Daylight: 9 hours and 42 minutes.  | Sunrise: 8:14 AM Sunset: 5:50 PM Daylight: 9 hours and 36 minutes.  |
| 19  | 20  | 21  | 22  | 23  | 24  | 25  |
| Sunrise: 8:17 AM Sunset: 5:46 PM Daylight: 9 hours and 29 minutes.  | Sunrise: 8:20 AM Sunset: 5:43 PM Daylight: 9 hours and 23 minutes.  | Sunrise: 8:22 AM Sunset: 5:40 PM Daylight: 9 hours and 17 minutes.  | Sunrise: 8:25 AM Sunset: 5:37 PM Daylight: 9 hours and 11 minutes.  | Sunrise: 8:29 AM Sunset: 5:33 PM Daylight: 9 hours and 4 minutes.  | Sunrise: 8:32 AM Sunset: 5:30 PM Daylight: 8 hours and 58 minutes.  | Sunrise: 8:35 AM Sunset: 5:27 PM Daylight: 8 hours and 52 minutes.  |
| 26  | 27  | 28  | 29  | 30  | 31  |   |
| Sunrise: 7:38 AM Sunset: 4:23 PM Daylight: 8 hours and 45 minutes.  | Sunrise: 7:41 AM Sunset: 4:20 PM Daylight: 8 hours and 39 minutes.  | Sunrise: 7:44 AM Sunset: 4:17 PM Daylight: 8 hours and 33 minutes.  | Sunrise: 7:47 AM Sunset: 4:14 PM Daylight: 8 hours and 26 minutes.  | Sunrise: 7:50 AM Sunset: 4:10 PM Daylight: 8 hours and 20 minutes.  | Sunrise: 7:53 AM Sunset: 4:07 PM Daylight: 8 hours and 14 minutes.  |     |