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| --- | --- | --- | --- | --- | --- | --- |
|  | October 2025 | | | | | |
| El Benque, Honduras | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | Sunrise: 5:35 AM  Sunset: 5:35 PM  Daylight: 12 hours and 0 minutes. | Sunrise: 5:35 AM  Sunset: 5:35 PM  Daylight: 11 hours and 59 minutes. | Sunrise: 5:35 AM  Sunset: 5:34 PM  Daylight: 11 hours and 58 minutes. | Sunrise: 5:35 AM  Sunset: 5:33 PM  Daylight: 11 hours and 58 minutes. |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Sunrise: 5:35 AM  Sunset: 5:33 PM  Daylight: 11 hours and 57 minutes. | Sunrise: 5:35 AM  Sunset: 5:32 PM  Daylight: 11 hours and 56 minutes. | Sunrise: 5:35 AM  Sunset: 5:31 PM  Daylight: 11 hours and 55 minutes. | Sunrise: 5:35 AM  Sunset: 5:31 PM  Daylight: 11 hours and 55 minutes. | Sunrise: 5:36 AM  Sunset: 5:30 PM  Daylight: 11 hours and 54 minutes. | Sunrise: 5:36 AM  Sunset: 5:29 PM  Daylight: 11 hours and 53 minutes. | Sunrise: 5:36 AM  Sunset: 5:29 PM  Daylight: 11 hours and 52 minutes. |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Sunrise: 5:36 AM  Sunset: 5:28 PM  Daylight: 11 hours and 52 minutes. | Sunrise: 5:36 AM  Sunset: 5:27 PM  Daylight: 11 hours and 51 minutes. | Sunrise: 5:36 AM  Sunset: 5:27 PM  Daylight: 11 hours and 50 minutes. | Sunrise: 5:36 AM  Sunset: 5:26 PM  Daylight: 11 hours and 49 minutes. | Sunrise: 5:36 AM  Sunset: 5:25 PM  Daylight: 11 hours and 49 minutes. | Sunrise: 5:37 AM  Sunset: 5:25 PM  Daylight: 11 hours and 48 minutes. | Sunrise: 5:37 AM  Sunset: 5:24 PM  Daylight: 11 hours and 47 minutes. |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Sunrise: 5:37 AM  Sunset: 5:24 PM  Daylight: 11 hours and 46 minutes. | Sunrise: 5:37 AM  Sunset: 5:23 PM  Daylight: 11 hours and 46 minutes. | Sunrise: 5:37 AM  Sunset: 5:23 PM  Daylight: 11 hours and 45 minutes. | Sunrise: 5:38 AM  Sunset: 5:22 PM  Daylight: 11 hours and 44 minutes. | Sunrise: 5:38 AM  Sunset: 5:22 PM  Daylight: 11 hours and 43 minutes. | Sunrise: 5:38 AM  Sunset: 5:21 PM  Daylight: 11 hours and 43 minutes. | Sunrise: 5:38 AM  Sunset: 5:21 PM  Daylight: 11 hours and 42 minutes. |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
| Sunrise: 5:38 AM  Sunset: 5:20 PM  Daylight: 11 hours and 41 minutes. | Sunrise: 5:39 AM  Sunset: 5:20 PM  Daylight: 11 hours and 41 minutes. | Sunrise: 5:39 AM  Sunset: 5:19 PM  Daylight: 11 hours and 40 minutes. | Sunrise: 5:39 AM  Sunset: 5:19 PM  Daylight: 11 hours and 39 minutes. | Sunrise: 5:40 AM  Sunset: 5:18 PM  Daylight: 11 hours and 38 minutes. | Sunrise: 5:40 AM  Sunset: 5:18 PM  Daylight: 11 hours and 38 minutes. |  |