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|  | September 2025 |
| Poughkeepsie, New York, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   | 1  | 2  | 3  | 4  | 5  | 6  |
|     | Sunrise: 6:21 AM Sunset: 7:30 PM Daylight: 13 hours and 8 minutes.  | Sunrise: 6:22 AM Sunset: 7:28 PM Daylight: 13 hours and 5 minutes.  | Sunrise: 6:23 AM Sunset: 7:26 PM Daylight: 13 hours and 3 minutes.  | Sunrise: 6:24 AM Sunset: 7:25 PM Daylight: 13 hours and 0 minutes.  | Sunrise: 6:25 AM Sunset: 7:23 PM Daylight: 12 hours and 57 minutes.  | Sunrise: 6:26 AM Sunset: 7:21 PM Daylight: 12 hours and 55 minutes.  |
| 7  | 8  | 9  | 10  | 11  | 12  | 13  |
| Sunrise: 6:27 AM Sunset: 7:19 PM Daylight: 12 hours and 52 minutes.  | Sunrise: 6:28 AM Sunset: 7:18 PM Daylight: 12 hours and 49 minutes.  | Sunrise: 6:29 AM Sunset: 7:16 PM Daylight: 12 hours and 46 minutes.  | Sunrise: 6:30 AM Sunset: 7:14 PM Daylight: 12 hours and 44 minutes.  | Sunrise: 6:31 AM Sunset: 7:13 PM Daylight: 12 hours and 41 minutes.  | Sunrise: 6:32 AM Sunset: 7:11 PM Daylight: 12 hours and 38 minutes.  | Sunrise: 6:33 AM Sunset: 7:09 PM Daylight: 12 hours and 35 minutes.  |
| 14  | 15  | 16  | 17  | 18  | 19  | 20  |
| Sunrise: 6:34 AM Sunset: 7:07 PM Daylight: 12 hours and 33 minutes.  | Sunrise: 6:35 AM Sunset: 7:06 PM Daylight: 12 hours and 30 minutes.  | Sunrise: 6:36 AM Sunset: 7:04 PM Daylight: 12 hours and 27 minutes.  | Sunrise: 6:37 AM Sunset: 7:02 PM Daylight: 12 hours and 24 minutes.  | Sunrise: 6:38 AM Sunset: 7:01 PM Daylight: 12 hours and 22 minutes.  | Sunrise: 6:39 AM Sunset: 6:59 PM Daylight: 12 hours and 19 minutes.  | Sunrise: 6:40 AM Sunset: 6:57 PM Daylight: 12 hours and 16 minutes.  |
| 21  | 22  | 23  | 24  | 25  | 26  | 27  |
| Sunrise: 6:41 AM Sunset: 6:55 PM Daylight: 12 hours and 13 minutes.  | Sunrise: 6:42 AM Sunset: 6:54 PM Daylight: 12 hours and 11 minutes.  | Sunrise: 6:44 AM Sunset: 6:52 PM Daylight: 12 hours and 8 minutes.  | Sunrise: 6:45 AM Sunset: 6:50 PM Daylight: 12 hours and 5 minutes.  | Sunrise: 6:46 AM Sunset: 6:48 PM Daylight: 12 hours and 2 minutes.  | Sunrise: 6:47 AM Sunset: 6:47 PM Daylight: 11 hours and 59 minutes.  | Sunrise: 6:48 AM Sunset: 6:45 PM Daylight: 11 hours and 57 minutes.  |
| 28  | 29  | 30  |   |   |   |   |
| Sunrise: 6:49 AM Sunset: 6:43 PM Daylight: 11 hours and 54 minutes.  | Sunrise: 6:50 AM Sunset: 6:41 PM Daylight: 11 hours and 51 minutes.  | Sunrise: 6:51 AM Sunset: 6:40 PM Daylight: 11 hours and 48 minutes.  |     |     |     |     |