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|  | September 2025 | | | | | |
| Pol-e Sefid, Mazandaran, Iran | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 5:29 AM  Sunset: 6:26 PM  Daylight: 12 hours and 57 minutes. | Sunrise: 5:30 AM  Sunset: 6:24 PM  Daylight: 12 hours and 54 minutes. | Sunrise: 5:30 AM  Sunset: 6:23 PM  Daylight: 12 hours and 52 minutes. | Sunrise: 5:31 AM  Sunset: 6:22 PM  Daylight: 12 hours and 50 minutes. | Sunrise: 5:32 AM  Sunset: 6:20 PM  Daylight: 12 hours and 48 minutes. | Sunrise: 5:33 AM  Sunset: 6:19 PM  Daylight: 12 hours and 46 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 5:34 AM  Sunset: 6:17 PM  Daylight: 12 hours and 43 minutes. | Sunrise: 5:34 AM  Sunset: 6:16 PM  Daylight: 12 hours and 41 minutes. | Sunrise: 5:35 AM  Sunset: 6:14 PM  Daylight: 12 hours and 39 minutes. | Sunrise: 5:36 AM  Sunset: 6:13 PM  Daylight: 12 hours and 37 minutes. | Sunrise: 5:37 AM  Sunset: 6:11 PM  Daylight: 12 hours and 34 minutes. | Sunrise: 5:37 AM  Sunset: 6:10 PM  Daylight: 12 hours and 32 minutes. | Sunrise: 5:38 AM  Sunset: 6:08 PM  Daylight: 12 hours and 30 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 5:39 AM  Sunset: 6:07 PM  Daylight: 12 hours and 28 minutes. | Sunrise: 5:40 AM  Sunset: 6:06 PM  Daylight: 12 hours and 25 minutes. | Sunrise: 5:40 AM  Sunset: 6:04 PM  Daylight: 12 hours and 23 minutes. | Sunrise: 5:41 AM  Sunset: 6:03 PM  Daylight: 12 hours and 21 minutes. | Sunrise: 5:42 AM  Sunset: 6:01 PM  Daylight: 12 hours and 19 minutes. | Sunrise: 5:43 AM  Sunset: 6:00 PM  Daylight: 12 hours and 16 minutes. | Sunrise: 5:44 AM  Sunset: 5:58 PM  Daylight: 12 hours and 14 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 5:44 AM  Sunset: 5:57 PM  Daylight: 12 hours and 12 minutes. | Sunrise: 5:45 AM  Sunset: 5:55 PM  Daylight: 12 hours and 9 minutes. | Sunrise: 5:46 AM  Sunset: 5:54 PM  Daylight: 12 hours and 7 minutes. | Sunrise: 5:47 AM  Sunset: 5:52 PM  Daylight: 12 hours and 5 minutes. | Sunrise: 5:47 AM  Sunset: 5:51 PM  Daylight: 12 hours and 3 minutes. | Sunrise: 5:48 AM  Sunset: 5:49 PM  Daylight: 12 hours and 0 minutes. | Sunrise: 5:49 AM  Sunset: 5:48 PM  Daylight: 11 hours and 58 minutes. |
| 28 | 29 | 30 |  |  |  |  |
| Sunrise: 5:50 AM  Sunset: 5:46 PM  Daylight: 11 hours and 56 minutes. | Sunrise: 5:51 AM  Sunset: 5:45 PM  Daylight: 11 hours and 54 minutes. | Sunrise: 5:51 AM  Sunset: 5:43 PM  Daylight: 11 hours and 51 minutes. |  |  |  |  |