



September 2025

Helena, Oklahoma, United States

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Sunrise: 7:04 AM Sunset: 8:02 PM Daylight: 12 hours and 57 minutes.	2 Sunrise: 7:05 AM Sunset: 8:00 PM Daylight: 12 hours and 55 minutes.	3 Sunrise: 7:05 AM Sunset: 7:59 PM Daylight: 12 hours and 53 minutes.	4 Sunrise: 7:06 AM Sunset: 7:57 PM Daylight: 12 hours and 51 minutes.	5 Sunrise: 7:07 AM Sunset: 7:56 PM Daylight: 12 hours and 48 minutes.	6 Sunrise: 7:08 AM Sunset: 7:54 PM Daylight: 12 hours and 46 minutes.
7 Sunrise: 7:09 AM Sunset: 7:53 PM Daylight: 12 hours and 44 minutes.	8 Sunrise: 7:09 AM Sunset: 7:51 PM Daylight: 12 hours and 42 minutes.	9 Sunrise: 7:10 AM Sunset: 7:50 PM Daylight: 12 hours and 39 minutes.	10 Sunrise: 7:11 AM Sunset: 7:48 PM Daylight: 12 hours and 37 minutes.	11 Sunrise: 7:12 AM Sunset: 7:47 PM Daylight: 12 hours and 35 minutes.	12 Sunrise: 7:12 AM Sunset: 7:45 PM Daylight: 12 hours and 33 minutes.	13 Sunrise: 7:13 AM Sunset: 7:44 PM Daylight: 12 hours and 30 minutes.
14 Sunrise: 7:14 AM Sunset: 7:42 PM Daylight: 12 hours and 28 minutes.	15 Sunrise: 7:15 AM Sunset: 7:41 PM Daylight: 12 hours and 26 minutes.	16 Sunrise: 7:16 AM Sunset: 7:39 PM Daylight: 12 hours and 23 minutes.	17 Sunrise: 7:16 AM Sunset: 7:38 PM Daylight: 12 hours and 21 minutes.	18 Sunrise: 7:17 AM Sunset: 7:36 PM Daylight: 12 hours and 19 minutes.	19 Sunrise: 7:18 AM Sunset: 7:35 PM Daylight: 12 hours and 16 minutes.	20 Sunrise: 7:19 AM Sunset: 7:33 PM Daylight: 12 hours and 14 minutes.
21 Sunrise: 7:20 AM Sunset: 7:32 PM Daylight: 12 hours and 12 minutes.	22 Sunrise: 7:20 AM Sunset: 7:30 PM Daylight: 12 hours and 10 minutes.	23 Sunrise: 7:21 AM Sunset: 7:29 PM Daylight: 12 hours and 7 minutes.	24 Sunrise: 7:22 AM Sunset: 7:27 PM Daylight: 12 hours and 5 minutes.	25 Sunrise: 7:23 AM Sunset: 7:26 PM Daylight: 12 hours and 3 minutes.	26 Sunrise: 7:24 AM Sunset: 7:24 PM Daylight: 12 hours and 0 minutes.	27 Sunrise: 7:24 AM Sunset: 7:23 PM Daylight: 11 hours and 58 minutes.
28 Sunrise: 7:25 AM Sunset: 7:21 PM Daylight: 11 hours and 56 minutes.	29 Sunrise: 7:26 AM Sunset: 7:20 PM Daylight: 11 hours and 53 minutes.	30 Sunrise: 7:27 AM Sunset: 7:18 PM Daylight: 11 hours and 51 minutes.				