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|  | September 2025 |
| Helena, Oklahoma, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   | 1  | 2  | 3  | 4  | 5  | 6  |
|     | Sunrise: 7:04 AM Sunset: 8:02 PM Daylight: 12 hours and 57 minutes.  | Sunrise: 7:05 AM Sunset: 8:00 PM Daylight: 12 hours and 55 minutes.  | Sunrise: 7:05 AM Sunset: 7:59 PM Daylight: 12 hours and 53 minutes.  | Sunrise: 7:06 AM Sunset: 7:57 PM Daylight: 12 hours and 51 minutes.  | Sunrise: 7:07 AM Sunset: 7:56 PM Daylight: 12 hours and 48 minutes.  | Sunrise: 7:08 AM Sunset: 7:54 PM Daylight: 12 hours and 46 minutes.  |
| 7  | 8  | 9  | 10  | 11  | 12  | 13  |
| Sunrise: 7:09 AM Sunset: 7:53 PM Daylight: 12 hours and 44 minutes.  | Sunrise: 7:09 AM Sunset: 7:51 PM Daylight: 12 hours and 42 minutes.  | Sunrise: 7:10 AM Sunset: 7:50 PM Daylight: 12 hours and 39 minutes.  | Sunrise: 7:11 AM Sunset: 7:48 PM Daylight: 12 hours and 37 minutes.  | Sunrise: 7:12 AM Sunset: 7:47 PM Daylight: 12 hours and 35 minutes.  | Sunrise: 7:12 AM Sunset: 7:45 PM Daylight: 12 hours and 33 minutes.  | Sunrise: 7:13 AM Sunset: 7:44 PM Daylight: 12 hours and 30 minutes.  |
| 14  | 15  | 16  | 17  | 18  | 19  | 20  |
| Sunrise: 7:14 AM Sunset: 7:42 PM Daylight: 12 hours and 28 minutes.  | Sunrise: 7:15 AM Sunset: 7:41 PM Daylight: 12 hours and 26 minutes.  | Sunrise: 7:16 AM Sunset: 7:39 PM Daylight: 12 hours and 23 minutes.  | Sunrise: 7:16 AM Sunset: 7:38 PM Daylight: 12 hours and 21 minutes.  | Sunrise: 7:17 AM Sunset: 7:36 PM Daylight: 12 hours and 19 minutes.  | Sunrise: 7:18 AM Sunset: 7:35 PM Daylight: 12 hours and 16 minutes.  | Sunrise: 7:19 AM Sunset: 7:33 PM Daylight: 12 hours and 14 minutes.  |
| 21  | 22  | 23  | 24  | 25  | 26  | 27  |
| Sunrise: 7:20 AM Sunset: 7:32 PM Daylight: 12 hours and 12 minutes.  | Sunrise: 7:20 AM Sunset: 7:30 PM Daylight: 12 hours and 10 minutes.  | Sunrise: 7:21 AM Sunset: 7:29 PM Daylight: 12 hours and 7 minutes.  | Sunrise: 7:22 AM Sunset: 7:27 PM Daylight: 12 hours and 5 minutes.  | Sunrise: 7:23 AM Sunset: 7:26 PM Daylight: 12 hours and 3 minutes.  | Sunrise: 7:24 AM Sunset: 7:24 PM Daylight: 12 hours and 0 minutes.  | Sunrise: 7:24 AM Sunset: 7:23 PM Daylight: 11 hours and 58 minutes.  |
| 28  | 29  | 30  |   |   |   |   |
| Sunrise: 7:25 AM Sunset: 7:21 PM Daylight: 11 hours and 56 minutes.  | Sunrise: 7:26 AM Sunset: 7:20 PM Daylight: 11 hours and 53 minutes.  | Sunrise: 7:27 AM Sunset: 7:18 PM Daylight: 11 hours and 51 minutes.  |     |     |     |     |