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|  | September 2025 |
| El Progreso, Honduras |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   | 1  | 2  | 3  | 4  | 5  | 6  |
|     | Sunrise: 5:38 AM Sunset: 6:03 PM Daylight: 12 hours and 25 minutes.  | Sunrise: 5:38 AM Sunset: 6:03 PM Daylight: 12 hours and 24 minutes.  | Sunrise: 5:38 AM Sunset: 6:02 PM Daylight: 12 hours and 23 minutes.  | Sunrise: 5:38 AM Sunset: 6:01 PM Daylight: 12 hours and 22 minutes.  | Sunrise: 5:38 AM Sunset: 6:01 PM Daylight: 12 hours and 22 minutes.  | Sunrise: 5:39 AM Sunset: 6:00 PM Daylight: 12 hours and 21 minutes.  |
| 7  | 8  | 9  | 10  | 11  | 12  | 13  |
| Sunrise: 5:39 AM Sunset: 5:59 PM Daylight: 12 hours and 20 minutes.  | Sunrise: 5:39 AM Sunset: 5:58 PM Daylight: 12 hours and 19 minutes.  | Sunrise: 5:39 AM Sunset: 5:57 PM Daylight: 12 hours and 18 minutes.  | Sunrise: 5:39 AM Sunset: 5:57 PM Daylight: 12 hours and 17 minutes.  | Sunrise: 5:39 AM Sunset: 5:56 PM Daylight: 12 hours and 16 minutes.  | Sunrise: 5:39 AM Sunset: 5:55 PM Daylight: 12 hours and 16 minutes.  | Sunrise: 5:39 AM Sunset: 5:54 PM Daylight: 12 hours and 15 minutes.  |
| 14  | 15  | 16  | 17  | 18  | 19  | 20  |
| Sunrise: 5:39 AM Sunset: 5:54 PM Daylight: 12 hours and 14 minutes.  | Sunrise: 5:39 AM Sunset: 5:53 PM Daylight: 12 hours and 13 minutes.  | Sunrise: 5:39 AM Sunset: 5:52 PM Daylight: 12 hours and 12 minutes.  | Sunrise: 5:39 AM Sunset: 5:51 PM Daylight: 12 hours and 11 minutes.  | Sunrise: 5:39 AM Sunset: 5:50 PM Daylight: 12 hours and 10 minutes.  | Sunrise: 5:40 AM Sunset: 5:50 PM Daylight: 12 hours and 10 minutes.  | Sunrise: 5:40 AM Sunset: 5:49 PM Daylight: 12 hours and 9 minutes.  |
| 21  | 22  | 23  | 24  | 25  | 26  | 27  |
| Sunrise: 5:40 AM Sunset: 5:48 PM Daylight: 12 hours and 8 minutes.  | Sunrise: 5:40 AM Sunset: 5:47 PM Daylight: 12 hours and 7 minutes.  | Sunrise: 5:40 AM Sunset: 5:47 PM Daylight: 12 hours and 6 minutes.  | Sunrise: 5:40 AM Sunset: 5:46 PM Daylight: 12 hours and 5 minutes.  | Sunrise: 5:40 AM Sunset: 5:45 PM Daylight: 12 hours and 4 minutes.  | Sunrise: 5:40 AM Sunset: 5:44 PM Daylight: 12 hours and 4 minutes.  | Sunrise: 5:40 AM Sunset: 5:43 PM Daylight: 12 hours and 3 minutes.  |
| 28  | 29  | 30  |   |   |   |   |
| Sunrise: 5:40 AM Sunset: 5:43 PM Daylight: 12 hours and 2 minutes.  | Sunrise: 5:40 AM Sunset: 5:42 PM Daylight: 12 hours and 1 minute.  | Sunrise: 5:40 AM Sunset: 5:41 PM Daylight: 12 hours and 0 minutes.  |     |     |     |     |