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| --- | --- | --- | --- | --- | --- | --- |
|  | September 2025 | | | | | |
| El Progreso, Honduras | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 5:38 AM  Sunset: 6:03 PM  Daylight: 12 hours and 25 minutes. | Sunrise: 5:38 AM  Sunset: 6:03 PM  Daylight: 12 hours and 24 minutes. | Sunrise: 5:38 AM  Sunset: 6:02 PM  Daylight: 12 hours and 23 minutes. | Sunrise: 5:38 AM  Sunset: 6:01 PM  Daylight: 12 hours and 22 minutes. | Sunrise: 5:38 AM  Sunset: 6:01 PM  Daylight: 12 hours and 22 minutes. | Sunrise: 5:39 AM  Sunset: 6:00 PM  Daylight: 12 hours and 21 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 5:39 AM  Sunset: 5:59 PM  Daylight: 12 hours and 20 minutes. | Sunrise: 5:39 AM  Sunset: 5:58 PM  Daylight: 12 hours and 19 minutes. | Sunrise: 5:39 AM  Sunset: 5:57 PM  Daylight: 12 hours and 18 minutes. | Sunrise: 5:39 AM  Sunset: 5:57 PM  Daylight: 12 hours and 17 minutes. | Sunrise: 5:39 AM  Sunset: 5:56 PM  Daylight: 12 hours and 16 minutes. | Sunrise: 5:39 AM  Sunset: 5:55 PM  Daylight: 12 hours and 16 minutes. | Sunrise: 5:39 AM  Sunset: 5:54 PM  Daylight: 12 hours and 15 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 5:39 AM  Sunset: 5:54 PM  Daylight: 12 hours and 14 minutes. | Sunrise: 5:39 AM  Sunset: 5:53 PM  Daylight: 12 hours and 13 minutes. | Sunrise: 5:39 AM  Sunset: 5:52 PM  Daylight: 12 hours and 12 minutes. | Sunrise: 5:39 AM  Sunset: 5:51 PM  Daylight: 12 hours and 11 minutes. | Sunrise: 5:39 AM  Sunset: 5:50 PM  Daylight: 12 hours and 10 minutes. | Sunrise: 5:40 AM  Sunset: 5:50 PM  Daylight: 12 hours and 10 minutes. | Sunrise: 5:40 AM  Sunset: 5:49 PM  Daylight: 12 hours and 9 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 5:40 AM  Sunset: 5:48 PM  Daylight: 12 hours and 8 minutes. | Sunrise: 5:40 AM  Sunset: 5:47 PM  Daylight: 12 hours and 7 minutes. | Sunrise: 5:40 AM  Sunset: 5:47 PM  Daylight: 12 hours and 6 minutes. | Sunrise: 5:40 AM  Sunset: 5:46 PM  Daylight: 12 hours and 5 minutes. | Sunrise: 5:40 AM  Sunset: 5:45 PM  Daylight: 12 hours and 4 minutes. | Sunrise: 5:40 AM  Sunset: 5:44 PM  Daylight: 12 hours and 4 minutes. | Sunrise: 5:40 AM  Sunset: 5:43 PM  Daylight: 12 hours and 3 minutes. |
| 28 | 29 | 30 |  |  |  |  |
| Sunrise: 5:40 AM  Sunset: 5:43 PM  Daylight: 12 hours and 2 minutes. | Sunrise: 5:40 AM  Sunset: 5:42 PM  Daylight: 12 hours and 1 minute. | Sunrise: 5:40 AM  Sunset: 5:41 PM  Daylight: 12 hours and 0 minutes. |  |  |  |  |