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|  | August 2025 |
| Upornaya, Russia |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 5:02 AMSunset: 7:41 PMDaylight: 14 hours and 38 minutes. | Sunrise: 5:04 AMSunset: 7:40 PMDaylight: 14 hours and 36 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 5:05 AMSunset: 7:39 PMDaylight: 14 hours and 34 minutes. | Sunrise: 5:06 AMSunset: 7:37 PMDaylight: 14 hours and 31 minutes. | Sunrise: 5:07 AMSunset: 7:36 PMDaylight: 14 hours and 29 minutes. | Sunrise: 5:08 AMSunset: 7:35 PMDaylight: 14 hours and 26 minutes. | Sunrise: 5:09 AMSunset: 7:33 PMDaylight: 14 hours and 24 minutes. | Sunrise: 5:10 AMSunset: 7:32 PMDaylight: 14 hours and 21 minutes. | Sunrise: 5:11 AMSunset: 7:31 PMDaylight: 14 hours and 19 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 5:13 AMSunset: 7:29 PMDaylight: 14 hours and 16 minutes. | Sunrise: 5:14 AMSunset: 7:28 PMDaylight: 14 hours and 13 minutes. | Sunrise: 5:15 AMSunset: 7:26 PMDaylight: 14 hours and 11 minutes. | Sunrise: 5:16 AMSunset: 7:25 PMDaylight: 14 hours and 8 minutes. | Sunrise: 5:17 AMSunset: 7:23 PMDaylight: 14 hours and 5 minutes. | Sunrise: 5:18 AMSunset: 7:22 PMDaylight: 14 hours and 3 minutes. | Sunrise: 5:20 AMSunset: 7:20 PMDaylight: 14 hours and 0 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:21 AMSunset: 7:18 PMDaylight: 13 hours and 57 minutes. | Sunrise: 5:22 AMSunset: 7:17 PMDaylight: 13 hours and 55 minutes. | Sunrise: 5:23 AMSunset: 7:15 PMDaylight: 13 hours and 52 minutes. | Sunrise: 5:24 AMSunset: 7:14 PMDaylight: 13 hours and 49 minutes. | Sunrise: 5:25 AMSunset: 7:12 PMDaylight: 13 hours and 46 minutes. | Sunrise: 5:26 AMSunset: 7:10 PMDaylight: 13 hours and 43 minutes. | Sunrise: 5:28 AMSunset: 7:09 PMDaylight: 13 hours and 41 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:29 AMSunset: 7:07 PMDaylight: 13 hours and 38 minutes. | Sunrise: 5:30 AMSunset: 7:05 PMDaylight: 13 hours and 35 minutes. | Sunrise: 5:31 AMSunset: 7:04 PMDaylight: 13 hours and 32 minutes. | Sunrise: 5:32 AMSunset: 7:02 PMDaylight: 13 hours and 29 minutes. | Sunrise: 5:33 AMSunset: 7:00 PMDaylight: 13 hours and 26 minutes. | Sunrise: 5:35 AMSunset: 6:58 PMDaylight: 13 hours and 23 minutes. | Sunrise: 5:36 AMSunset: 6:57 PMDaylight: 13 hours and 20 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:37 AMSunset: 6:55 PMDaylight: 13 hours and 17 minutes. |  |  |  |  |  |  |