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|  | August 2025 |
| Ukhta, Russia |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 2:37 AMSunset: 8:25 PMDaylight: 17 hours and 47 minutes. | Sunrise: 2:40 AMSunset: 8:22 PMDaylight: 17 hours and 41 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 2:43 AMSunset: 8:19 PMDaylight: 17 hours and 35 minutes. | Sunrise: 2:46 AMSunset: 8:15 PMDaylight: 17 hours and 29 minutes. | Sunrise: 2:49 AMSunset: 8:12 PMDaylight: 17 hours and 22 minutes. | Sunrise: 2:52 AMSunset: 8:09 PMDaylight: 17 hours and 16 minutes. | Sunrise: 2:55 AMSunset: 8:06 PMDaylight: 17 hours and 10 minutes. | Sunrise: 2:59 AMSunset: 8:02 PMDaylight: 17 hours and 3 minutes. | Sunrise: 3:02 AMSunset: 7:59 PMDaylight: 16 hours and 57 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 3:05 AMSunset: 7:56 PMDaylight: 16 hours and 51 minutes. | Sunrise: 3:08 AMSunset: 7:52 PMDaylight: 16 hours and 44 minutes. | Sunrise: 3:11 AMSunset: 7:49 PMDaylight: 16 hours and 38 minutes. | Sunrise: 3:14 AMSunset: 7:46 PMDaylight: 16 hours and 32 minutes. | Sunrise: 3:17 AMSunset: 7:42 PMDaylight: 16 hours and 25 minutes. | Sunrise: 3:20 AMSunset: 7:39 PMDaylight: 16 hours and 19 minutes. | Sunrise: 3:23 AMSunset: 7:36 PMDaylight: 16 hours and 13 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 3:25 AMSunset: 7:32 PMDaylight: 16 hours and 6 minutes. | Sunrise: 3:28 AMSunset: 7:29 PMDaylight: 16 hours and 0 minutes. | Sunrise: 3:31 AMSunset: 7:26 PMDaylight: 15 hours and 54 minutes. | Sunrise: 3:34 AMSunset: 7:22 PMDaylight: 15 hours and 47 minutes. | Sunrise: 3:37 AMSunset: 7:19 PMDaylight: 15 hours and 41 minutes. | Sunrise: 3:40 AMSunset: 7:15 PMDaylight: 15 hours and 35 minutes. | Sunrise: 3:43 AMSunset: 7:12 PMDaylight: 15 hours and 28 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 3:46 AMSunset: 7:08 PMDaylight: 15 hours and 22 minutes. | Sunrise: 3:49 AMSunset: 7:05 PMDaylight: 15 hours and 16 minutes. | Sunrise: 3:52 AMSunset: 7:02 PMDaylight: 15 hours and 9 minutes. | Sunrise: 3:55 AMSunset: 6:58 PMDaylight: 15 hours and 3 minutes. | Sunrise: 3:58 AMSunset: 6:55 PMDaylight: 14 hours and 57 minutes. | Sunrise: 4:00 AMSunset: 6:51 PMDaylight: 14 hours and 50 minutes. | Sunrise: 4:03 AMSunset: 6:48 PMDaylight: 14 hours and 44 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 4:06 AMSunset: 6:44 PMDaylight: 14 hours and 38 minutes. |  |  |  |  |  |  |