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|  | August 2025 |
| Spas-Demensk, Russia |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 4:55 AMSunset: 8:45 PMDaylight: 15 hours and 49 minutes. | Sunrise: 4:57 AMSunset: 8:43 PMDaylight: 15 hours and 46 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:58 AMSunset: 8:41 PMDaylight: 15 hours and 42 minutes. | Sunrise: 5:00 AMSunset: 8:39 PMDaylight: 15 hours and 38 minutes. | Sunrise: 5:02 AMSunset: 8:37 PMDaylight: 15 hours and 35 minutes. | Sunrise: 5:04 AMSunset: 8:35 PMDaylight: 15 hours and 31 minutes. | Sunrise: 5:05 AMSunset: 8:33 PMDaylight: 15 hours and 27 minutes. | Sunrise: 5:07 AMSunset: 8:31 PMDaylight: 15 hours and 23 minutes. | Sunrise: 5:09 AMSunset: 8:29 PMDaylight: 15 hours and 19 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 5:11 AMSunset: 8:27 PMDaylight: 15 hours and 15 minutes. | Sunrise: 5:13 AMSunset: 8:25 PMDaylight: 15 hours and 12 minutes. | Sunrise: 5:14 AMSunset: 8:23 PMDaylight: 15 hours and 8 minutes. | Sunrise: 5:16 AMSunset: 8:20 PMDaylight: 15 hours and 4 minutes. | Sunrise: 5:18 AMSunset: 8:18 PMDaylight: 15 hours and 0 minutes. | Sunrise: 5:20 AMSunset: 8:16 PMDaylight: 14 hours and 56 minutes. | Sunrise: 5:22 AMSunset: 8:14 PMDaylight: 14 hours and 52 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:23 AMSunset: 8:12 PMDaylight: 14 hours and 48 minutes. | Sunrise: 5:25 AMSunset: 8:09 PMDaylight: 14 hours and 44 minutes. | Sunrise: 5:27 AMSunset: 8:07 PMDaylight: 14 hours and 39 minutes. | Sunrise: 5:29 AMSunset: 8:05 PMDaylight: 14 hours and 35 minutes. | Sunrise: 5:31 AMSunset: 8:02 PMDaylight: 14 hours and 31 minutes. | Sunrise: 5:33 AMSunset: 8:00 PMDaylight: 14 hours and 27 minutes. | Sunrise: 5:34 AMSunset: 7:58 PMDaylight: 14 hours and 23 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:36 AMSunset: 7:55 PMDaylight: 14 hours and 19 minutes. | Sunrise: 5:38 AMSunset: 7:53 PMDaylight: 14 hours and 15 minutes. | Sunrise: 5:40 AMSunset: 7:51 PMDaylight: 14 hours and 10 minutes. | Sunrise: 5:42 AMSunset: 7:48 PMDaylight: 14 hours and 6 minutes. | Sunrise: 5:43 AMSunset: 7:46 PMDaylight: 14 hours and 2 minutes. | Sunrise: 5:45 AMSunset: 7:44 PMDaylight: 13 hours and 58 minutes. | Sunrise: 5:47 AMSunset: 7:41 PMDaylight: 13 hours and 53 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:49 AMSunset: 7:39 PMDaylight: 13 hours and 49 minutes. |  |  |  |  |  |  |