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|  | August 2025 |
| Solnechnogorsk, Russia |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 4:35 AMSunset: 8:41 PMDaylight: 16 hours and 6 minutes. | Sunrise: 4:36 AMSunset: 8:39 PMDaylight: 16 hours and 2 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:38 AMSunset: 8:37 PMDaylight: 15 hours and 58 minutes. | Sunrise: 4:40 AMSunset: 8:35 PMDaylight: 15 hours and 54 minutes. | Sunrise: 4:42 AMSunset: 8:33 PMDaylight: 15 hours and 50 minutes. | Sunrise: 4:44 AMSunset: 8:31 PMDaylight: 15 hours and 46 minutes. | Sunrise: 4:46 AMSunset: 8:29 PMDaylight: 15 hours and 42 minutes. | Sunrise: 4:48 AMSunset: 8:26 PMDaylight: 15 hours and 38 minutes. | Sunrise: 4:50 AMSunset: 8:24 PMDaylight: 15 hours and 34 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:52 AMSunset: 8:22 PMDaylight: 15 hours and 30 minutes. | Sunrise: 4:54 AMSunset: 8:20 PMDaylight: 15 hours and 25 minutes. | Sunrise: 4:56 AMSunset: 8:17 PMDaylight: 15 hours and 21 minutes. | Sunrise: 4:58 AMSunset: 8:15 PMDaylight: 15 hours and 17 minutes. | Sunrise: 5:00 AMSunset: 8:13 PMDaylight: 15 hours and 12 minutes. | Sunrise: 5:02 AMSunset: 8:10 PMDaylight: 15 hours and 8 minutes. | Sunrise: 5:04 AMSunset: 8:08 PMDaylight: 15 hours and 4 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:06 AMSunset: 8:06 PMDaylight: 14 hours and 59 minutes. | Sunrise: 5:08 AMSunset: 8:03 PMDaylight: 14 hours and 55 minutes. | Sunrise: 5:10 AMSunset: 8:01 PMDaylight: 14 hours and 51 minutes. | Sunrise: 5:12 AMSunset: 7:58 PMDaylight: 14 hours and 46 minutes. | Sunrise: 5:14 AMSunset: 7:56 PMDaylight: 14 hours and 42 minutes. | Sunrise: 5:16 AMSunset: 7:53 PMDaylight: 14 hours and 37 minutes. | Sunrise: 5:18 AMSunset: 7:51 PMDaylight: 14 hours and 33 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:20 AMSunset: 7:48 PMDaylight: 14 hours and 28 minutes. | Sunrise: 5:22 AMSunset: 7:46 PMDaylight: 14 hours and 24 minutes. | Sunrise: 5:24 AMSunset: 7:43 PMDaylight: 14 hours and 19 minutes. | Sunrise: 5:26 AMSunset: 7:41 PMDaylight: 14 hours and 15 minutes. | Sunrise: 5:27 AMSunset: 7:38 PMDaylight: 14 hours and 10 minutes. | Sunrise: 5:29 AMSunset: 7:36 PMDaylight: 14 hours and 6 minutes. | Sunrise: 5:31 AMSunset: 7:33 PMDaylight: 14 hours and 1 minute. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:33 AMSunset: 7:31 PMDaylight: 13 hours and 57 minutes. |  |  |  |  |  |  |