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|  | | August 2025 | | | | | | |
| Rost, Nordland, Norway | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  | 1 | 2 |
|  |  | |  |  |  | Sunrise: 3:35 AM  Sunset: 11:00 PM  Daylight: 19 hours and 24 minutes. | Sunrise: 3:40 AM  Sunset: 10:55 PM  Daylight: 19 hours and 15 minutes. |
| 3 | 4 | | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 3:44 AM  Sunset: 10:50 PM  Daylight: 19 hours and 5 minutes. | Sunrise: 3:49 AM  Sunset: 10:45 PM  Daylight: 18 hours and 56 minutes. | | Sunrise: 3:53 AM  Sunset: 10:41 PM  Daylight: 18 hours and 47 minutes. | Sunrise: 3:58 AM  Sunset: 10:36 PM  Daylight: 18 hours and 38 minutes. | Sunrise: 4:02 AM  Sunset: 10:32 PM  Daylight: 18 hours and 29 minutes. | Sunrise: 4:06 AM  Sunset: 10:27 PM  Daylight: 18 hours and 20 minutes. | Sunrise: 4:11 AM  Sunset: 10:22 PM  Daylight: 18 hours and 11 minutes. |
| 10 | 11 | | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:15 AM  Sunset: 10:18 PM  Daylight: 18 hours and 2 minutes. | Sunrise: 4:19 AM  Sunset: 10:13 PM  Daylight: 17 hours and 54 minutes. | | Sunrise: 4:23 AM  Sunset: 10:09 PM  Daylight: 17 hours and 45 minutes. | Sunrise: 4:27 AM  Sunset: 10:05 PM  Daylight: 17 hours and 37 minutes. | Sunrise: 4:31 AM  Sunset: 10:00 PM  Daylight: 17 hours and 28 minutes. | Sunrise: 4:35 AM  Sunset: 9:56 PM  Daylight: 17 hours and 20 minutes. | Sunrise: 4:39 AM  Sunset: 9:51 PM  Daylight: 17 hours and 11 minutes. |
| 17 | 18 | | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 4:43 AM  Sunset: 9:47 PM  Daylight: 17 hours and 3 minutes. | Sunrise: 4:47 AM  Sunset: 9:43 PM  Daylight: 16 hours and 55 minutes. | | Sunrise: 4:51 AM  Sunset: 9:38 PM  Daylight: 16 hours and 46 minutes. | Sunrise: 4:55 AM  Sunset: 9:34 PM  Daylight: 16 hours and 38 minutes. | Sunrise: 4:59 AM  Sunset: 9:30 PM  Daylight: 16 hours and 30 minutes. | Sunrise: 5:03 AM  Sunset: 9:25 PM  Daylight: 16 hours and 22 minutes. | Sunrise: 5:07 AM  Sunset: 9:21 PM  Daylight: 16 hours and 14 minutes. |
| 24 | 25 | | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:10 AM  Sunset: 9:17 PM  Daylight: 16 hours and 6 minutes. | Sunrise: 5:14 AM  Sunset: 9:12 PM  Daylight: 15 hours and 58 minutes. | | Sunrise: 5:18 AM  Sunset: 9:08 PM  Daylight: 15 hours and 50 minutes. | Sunrise: 5:21 AM  Sunset: 9:04 PM  Daylight: 15 hours and 42 minutes. | Sunrise: 5:25 AM  Sunset: 9:00 PM  Daylight: 15 hours and 34 minutes. | Sunrise: 5:29 AM  Sunset: 8:55 PM  Daylight: 15 hours and 26 minutes. | Sunrise: 5:32 AM  Sunset: 8:51 PM  Daylight: 15 hours and 18 minutes. |
| 31 |  | |  |  |  |  |  |
| Sunrise: 5:36 AM  Sunset: 8:47 PM  Daylight: 15 hours and 11 minutes. |  | |  |  |  |  |  |