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|  | August 2025 |
| Retreat, Western Cape, South Africa |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 7:38 AMSunset: 6:06 PMDaylight: 10 hours and 27 minutes. | Sunrise: 7:38 AMSunset: 6:06 PMDaylight: 10 hours and 28 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 7:37 AMSunset: 6:07 PMDaylight: 10 hours and 30 minutes. | Sunrise: 7:36 AMSunset: 6:08 PMDaylight: 10 hours and 31 minutes. | Sunrise: 7:35 AMSunset: 6:08 PMDaylight: 10 hours and 33 minutes. | Sunrise: 7:34 AMSunset: 6:09 PMDaylight: 10 hours and 35 minutes. | Sunrise: 7:33 AMSunset: 6:10 PMDaylight: 10 hours and 36 minutes. | Sunrise: 7:32 AMSunset: 6:10 PMDaylight: 10 hours and 38 minutes. | Sunrise: 7:31 AMSunset: 6:11 PMDaylight: 10 hours and 40 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 7:30 AMSunset: 6:12 PMDaylight: 10 hours and 41 minutes. | Sunrise: 7:29 AMSunset: 6:13 PMDaylight: 10 hours and 43 minutes. | Sunrise: 7:28 AMSunset: 6:13 PMDaylight: 10 hours and 45 minutes. | Sunrise: 7:27 AMSunset: 6:14 PMDaylight: 10 hours and 47 minutes. | Sunrise: 7:26 AMSunset: 6:15 PMDaylight: 10 hours and 48 minutes. | Sunrise: 7:25 AMSunset: 6:15 PMDaylight: 10 hours and 50 minutes. | Sunrise: 7:24 AMSunset: 6:16 PMDaylight: 10 hours and 52 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 7:23 AMSunset: 6:17 PMDaylight: 10 hours and 54 minutes. | Sunrise: 7:21 AMSunset: 6:18 PMDaylight: 10 hours and 56 minutes. | Sunrise: 7:20 AMSunset: 6:18 PMDaylight: 10 hours and 57 minutes. | Sunrise: 7:19 AMSunset: 6:19 PMDaylight: 10 hours and 59 minutes. | Sunrise: 7:18 AMSunset: 6:20 PMDaylight: 11 hours and 1 minute. | Sunrise: 7:17 AMSunset: 6:20 PMDaylight: 11 hours and 3 minutes. | Sunrise: 7:16 AMSunset: 6:21 PMDaylight: 11 hours and 5 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 7:14 AMSunset: 6:22 PMDaylight: 11 hours and 7 minutes. | Sunrise: 7:13 AMSunset: 6:22 PMDaylight: 11 hours and 9 minutes. | Sunrise: 7:12 AMSunset: 6:23 PMDaylight: 11 hours and 11 minutes. | Sunrise: 7:11 AMSunset: 6:24 PMDaylight: 11 hours and 13 minutes. | Sunrise: 7:09 AMSunset: 6:25 PMDaylight: 11 hours and 15 minutes. | Sunrise: 7:08 AMSunset: 6:25 PMDaylight: 11 hours and 17 minutes. | Sunrise: 7:07 AMSunset: 6:26 PMDaylight: 11 hours and 19 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 7:05 AMSunset: 6:27 PMDaylight: 11 hours and 21 minutes. |  |  |  |  |  |  |