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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | August 2025 | | | | | | |
| Puolanka, Kainuu, Finland | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  | 1 | 2 |
|  |  | |  |  |  | Sunrise: 4:08 AM  Sunset: 10:22 PM  Daylight: 18 hours and 14 minutes. | Sunrise: 4:12 AM  Sunset: 10:19 PM  Daylight: 18 hours and 7 minutes. |
| 3 | 4 | | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:15 AM  Sunset: 10:15 PM  Daylight: 18 hours and 0 minutes. | Sunrise: 4:18 AM  Sunset: 10:12 PM  Daylight: 17 hours and 53 minutes. | | Sunrise: 4:22 AM  Sunset: 10:08 PM  Daylight: 17 hours and 46 minutes. | Sunrise: 4:25 AM  Sunset: 10:04 PM  Daylight: 17 hours and 39 minutes. | Sunrise: 4:28 AM  Sunset: 10:01 PM  Daylight: 17 hours and 32 minutes. | Sunrise: 4:32 AM  Sunset: 9:57 PM  Daylight: 17 hours and 25 minutes. | Sunrise: 4:35 AM  Sunset: 9:54 PM  Daylight: 17 hours and 18 minutes. |
| 10 | 11 | | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:38 AM  Sunset: 9:50 PM  Daylight: 17 hours and 11 minutes. | Sunrise: 4:42 AM  Sunset: 9:46 PM  Daylight: 17 hours and 4 minutes. | | Sunrise: 4:45 AM  Sunset: 9:43 PM  Daylight: 16 hours and 57 minutes. | Sunrise: 4:48 AM  Sunset: 9:39 PM  Daylight: 16 hours and 50 minutes. | Sunrise: 4:52 AM  Sunset: 9:35 PM  Daylight: 16 hours and 43 minutes. | Sunrise: 4:55 AM  Sunset: 9:32 PM  Daylight: 16 hours and 36 minutes. | Sunrise: 4:58 AM  Sunset: 9:28 PM  Daylight: 16 hours and 30 minutes. |
| 17 | 18 | | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:01 AM  Sunset: 9:25 PM  Daylight: 16 hours and 23 minutes. | Sunrise: 5:05 AM  Sunset: 9:21 PM  Daylight: 16 hours and 16 minutes. | | Sunrise: 5:08 AM  Sunset: 9:17 PM  Daylight: 16 hours and 9 minutes. | Sunrise: 5:11 AM  Sunset: 9:14 PM  Daylight: 16 hours and 2 minutes. | Sunrise: 5:14 AM  Sunset: 9:10 PM  Daylight: 15 hours and 55 minutes. | Sunrise: 5:17 AM  Sunset: 9:06 PM  Daylight: 15 hours and 48 minutes. | Sunrise: 5:21 AM  Sunset: 9:03 PM  Daylight: 15 hours and 42 minutes. |
| 24 | 25 | | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:24 AM  Sunset: 8:59 PM  Daylight: 15 hours and 35 minutes. | Sunrise: 5:27 AM  Sunset: 8:55 PM  Daylight: 15 hours and 28 minutes. | | Sunrise: 5:30 AM  Sunset: 8:52 PM  Daylight: 15 hours and 21 minutes. | Sunrise: 5:33 AM  Sunset: 8:48 PM  Daylight: 15 hours and 14 minutes. | Sunrise: 5:36 AM  Sunset: 8:44 PM  Daylight: 15 hours and 8 minutes. | Sunrise: 5:39 AM  Sunset: 8:40 PM  Daylight: 15 hours and 1 minute. | Sunrise: 5:42 AM  Sunset: 8:37 PM  Daylight: 14 hours and 54 minutes. |
| 31 |  | |  |  |  |  |  |
| Sunrise: 5:45 AM  Sunset: 8:33 PM  Daylight: 14 hours and 47 minutes. |  | |  |  |  |  |  |