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|  | | August 2025 | | | | | | |
| Pol-e Sefid, Mazandaran, Iran | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  | 1 | 2 |
|  |  | |  |  |  | Sunrise: 5:04 AM  Sunset: 7:03 PM  Daylight: 13 hours and 58 minutes. | Sunrise: 5:05 AM  Sunset: 7:02 PM  Daylight: 13 hours and 56 minutes. |
| 3 | 4 | | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 5:06 AM  Sunset: 7:01 PM  Daylight: 13 hours and 55 minutes. | Sunrise: 5:07 AM  Sunset: 7:00 PM  Daylight: 13 hours and 53 minutes. | | Sunrise: 5:07 AM  Sunset: 6:59 PM  Daylight: 13 hours and 51 minutes. | Sunrise: 5:08 AM  Sunset: 6:58 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 5:09 AM  Sunset: 6:57 PM  Daylight: 13 hours and 48 minutes. | Sunrise: 5:10 AM  Sunset: 6:56 PM  Daylight: 13 hours and 46 minutes. | Sunrise: 5:11 AM  Sunset: 6:55 PM  Daylight: 13 hours and 44 minutes. |
| 10 | 11 | | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 5:11 AM  Sunset: 6:54 PM  Daylight: 13 hours and 42 minutes. | Sunrise: 5:12 AM  Sunset: 6:53 PM  Daylight: 13 hours and 40 minutes. | | Sunrise: 5:13 AM  Sunset: 6:52 PM  Daylight: 13 hours and 38 minutes. | Sunrise: 5:14 AM  Sunset: 6:51 PM  Daylight: 13 hours and 36 minutes. | Sunrise: 5:15 AM  Sunset: 6:49 PM  Daylight: 13 hours and 34 minutes. | Sunrise: 5:15 AM  Sunset: 6:48 PM  Daylight: 13 hours and 32 minutes. | Sunrise: 5:16 AM  Sunset: 6:47 PM  Daylight: 13 hours and 30 minutes. |
| 17 | 18 | | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:17 AM  Sunset: 6:46 PM  Daylight: 13 hours and 28 minutes. | Sunrise: 5:18 AM  Sunset: 6:45 PM  Daylight: 13 hours and 26 minutes. | | Sunrise: 5:19 AM  Sunset: 6:43 PM  Daylight: 13 hours and 24 minutes. | Sunrise: 5:19 AM  Sunset: 6:42 PM  Daylight: 13 hours and 22 minutes. | Sunrise: 5:20 AM  Sunset: 6:41 PM  Daylight: 13 hours and 20 minutes. | Sunrise: 5:21 AM  Sunset: 6:39 PM  Daylight: 13 hours and 18 minutes. | Sunrise: 5:22 AM  Sunset: 6:38 PM  Daylight: 13 hours and 16 minutes. |
| 24 | 25 | | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:23 AM  Sunset: 6:37 PM  Daylight: 13 hours and 14 minutes. | Sunrise: 5:23 AM  Sunset: 6:36 PM  Daylight: 13 hours and 12 minutes. | | Sunrise: 5:24 AM  Sunset: 6:34 PM  Daylight: 13 hours and 10 minutes. | Sunrise: 5:25 AM  Sunset: 6:33 PM  Daylight: 13 hours and 7 minutes. | Sunrise: 5:26 AM  Sunset: 6:31 PM  Daylight: 13 hours and 5 minutes. | Sunrise: 5:27 AM  Sunset: 6:30 PM  Daylight: 13 hours and 3 minutes. | Sunrise: 5:27 AM  Sunset: 6:29 PM  Daylight: 13 hours and 1 minute. |
| 31 |  | |  |  |  |  |  |
| Sunrise: 5:28 AM  Sunset: 6:27 PM  Daylight: 12 hours and 59 minutes. |  | |  |  |  |  |  |