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|  | August 2025 |
| Penza, Russia |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 4:16 AMSunset: 7:55 PMDaylight: 15 hours and 39 minutes. | Sunrise: 4:18 AMSunset: 7:54 PMDaylight: 15 hours and 35 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:20 AMSunset: 7:52 PMDaylight: 15 hours and 32 minutes. | Sunrise: 4:21 AMSunset: 7:50 PMDaylight: 15 hours and 28 minutes. | Sunrise: 4:23 AMSunset: 7:48 PMDaylight: 15 hours and 25 minutes. | Sunrise: 4:25 AMSunset: 7:46 PMDaylight: 15 hours and 21 minutes. | Sunrise: 4:26 AMSunset: 7:44 PMDaylight: 15 hours and 18 minutes. | Sunrise: 4:28 AMSunset: 7:42 PMDaylight: 15 hours and 14 minutes. | Sunrise: 4:30 AMSunset: 7:40 PMDaylight: 15 hours and 10 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:31 AMSunset: 7:38 PMDaylight: 15 hours and 7 minutes. | Sunrise: 4:33 AMSunset: 7:36 PMDaylight: 15 hours and 3 minutes. | Sunrise: 4:35 AMSunset: 7:34 PMDaylight: 14 hours and 59 minutes. | Sunrise: 4:36 AMSunset: 7:32 PMDaylight: 14 hours and 55 minutes. | Sunrise: 4:38 AMSunset: 7:30 PMDaylight: 14 hours and 52 minutes. | Sunrise: 4:40 AMSunset: 7:28 PMDaylight: 14 hours and 48 minutes. | Sunrise: 4:42 AMSunset: 7:26 PMDaylight: 14 hours and 44 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 4:43 AMSunset: 7:24 PMDaylight: 14 hours and 40 minutes. | Sunrise: 4:45 AMSunset: 7:22 PMDaylight: 14 hours and 36 minutes. | Sunrise: 4:47 AMSunset: 7:20 PMDaylight: 14 hours and 32 minutes. | Sunrise: 4:48 AMSunset: 7:17 PMDaylight: 14 hours and 29 minutes. | Sunrise: 4:50 AMSunset: 7:15 PMDaylight: 14 hours and 25 minutes. | Sunrise: 4:52 AMSunset: 7:13 PMDaylight: 14 hours and 21 minutes. | Sunrise: 4:54 AMSunset: 7:11 PMDaylight: 14 hours and 17 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 4:55 AMSunset: 7:09 PMDaylight: 14 hours and 13 minutes. | Sunrise: 4:57 AMSunset: 7:06 PMDaylight: 14 hours and 9 minutes. | Sunrise: 4:59 AMSunset: 7:04 PMDaylight: 14 hours and 5 minutes. | Sunrise: 5:00 AMSunset: 7:02 PMDaylight: 14 hours and 1 minute. | Sunrise: 5:02 AMSunset: 6:59 PMDaylight: 13 hours and 57 minutes. | Sunrise: 5:04 AMSunset: 6:57 PMDaylight: 13 hours and 53 minutes. | Sunrise: 5:06 AMSunset: 6:55 PMDaylight: 13 hours and 49 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:07 AMSunset: 6:52 PMDaylight: 13 hours and 45 minutes. |  |  |  |  |  |  |