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|  | | August 2025 | | | | | | |
| Nagano, Nagano, Japan | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  | 1 | 2 |
|  |  | |  |  |  | Sunrise: 4:53 AM  Sunset: 6:54 PM  Daylight: 14 hours and 0 minutes. | Sunrise: 4:53 AM  Sunset: 6:53 PM  Daylight: 13 hours and 59 minutes. |
| 3 | 4 | | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:54 AM  Sunset: 6:52 PM  Daylight: 13 hours and 57 minutes. | Sunrise: 4:55 AM  Sunset: 6:51 PM  Daylight: 13 hours and 55 minutes. | | Sunrise: 4:56 AM  Sunset: 6:50 PM  Daylight: 13 hours and 53 minutes. | Sunrise: 4:57 AM  Sunset: 6:49 PM  Daylight: 13 hours and 51 minutes. | Sunrise: 4:58 AM  Sunset: 6:48 PM  Daylight: 13 hours and 50 minutes. | Sunrise: 4:58 AM  Sunset: 6:47 PM  Daylight: 13 hours and 48 minutes. | Sunrise: 4:59 AM  Sunset: 6:45 PM  Daylight: 13 hours and 46 minutes. |
| 10 | 11 | | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 5:00 AM  Sunset: 6:44 PM  Daylight: 13 hours and 44 minutes. | Sunrise: 5:01 AM  Sunset: 6:43 PM  Daylight: 13 hours and 42 minutes. | | Sunrise: 5:02 AM  Sunset: 6:42 PM  Daylight: 13 hours and 40 minutes. | Sunrise: 5:02 AM  Sunset: 6:41 PM  Daylight: 13 hours and 38 minutes. | Sunrise: 5:03 AM  Sunset: 6:40 PM  Daylight: 13 hours and 36 minutes. | Sunrise: 5:04 AM  Sunset: 6:39 PM  Daylight: 13 hours and 34 minutes. | Sunrise: 5:05 AM  Sunset: 6:37 PM  Daylight: 13 hours and 32 minutes. |
| 17 | 18 | | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:06 AM  Sunset: 6:36 PM  Daylight: 13 hours and 30 minutes. | Sunrise: 5:07 AM  Sunset: 6:35 PM  Daylight: 13 hours and 28 minutes. | | Sunrise: 5:07 AM  Sunset: 6:34 PM  Daylight: 13 hours and 26 minutes. | Sunrise: 5:08 AM  Sunset: 6:32 PM  Daylight: 13 hours and 24 minutes. | Sunrise: 5:09 AM  Sunset: 6:31 PM  Daylight: 13 hours and 22 minutes. | Sunrise: 5:10 AM  Sunset: 6:30 PM  Daylight: 13 hours and 19 minutes. | Sunrise: 5:11 AM  Sunset: 6:28 PM  Daylight: 13 hours and 17 minutes. |
| 24 | 25 | | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:11 AM  Sunset: 6:27 PM  Daylight: 13 hours and 15 minutes. | Sunrise: 5:12 AM  Sunset: 6:26 PM  Daylight: 13 hours and 13 minutes. | | Sunrise: 5:13 AM  Sunset: 6:24 PM  Daylight: 13 hours and 11 minutes. | Sunrise: 5:14 AM  Sunset: 6:23 PM  Daylight: 13 hours and 9 minutes. | Sunrise: 5:15 AM  Sunset: 6:22 PM  Daylight: 13 hours and 6 minutes. | Sunrise: 5:15 AM  Sunset: 6:20 PM  Daylight: 13 hours and 4 minutes. | Sunrise: 5:16 AM  Sunset: 6:19 PM  Daylight: 13 hours and 2 minutes. |
| 31 |  | |  |  |  |  |  |
| Sunrise: 5:17 AM  Sunset: 6:17 PM  Daylight: 13 hours and 0 minutes. |  | |  |  |  |  |  |