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|  | August 2025 |
| Murmansk, Russia |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 2:43 AMSunset: 11:04 PMDaylight: 20 hours and 21 minutes. | Sunrise: 2:49 AMSunset: 10:58 PMDaylight: 20 hours and 8 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 2:55 AMSunset: 10:52 PMDaylight: 19 hours and 56 minutes. | Sunrise: 3:01 AMSunset: 10:46 PMDaylight: 19 hours and 44 minutes. | Sunrise: 3:06 AMSunset: 10:40 PMDaylight: 19 hours and 33 minutes. | Sunrise: 3:12 AMSunset: 10:34 PMDaylight: 19 hours and 22 minutes. | Sunrise: 3:17 AMSunset: 10:29 PMDaylight: 19 hours and 11 minutes. | Sunrise: 3:22 AMSunset: 10:23 PMDaylight: 19 hours and 0 minutes. | Sunrise: 3:28 AMSunset: 10:18 PMDaylight: 18 hours and 50 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 3:33 AMSunset: 10:13 PMDaylight: 18 hours and 39 minutes. | Sunrise: 3:38 AMSunset: 10:07 PMDaylight: 18 hours and 29 minutes. | Sunrise: 3:42 AMSunset: 10:02 PMDaylight: 18 hours and 19 minutes. | Sunrise: 3:47 AMSunset: 9:57 PMDaylight: 18 hours and 9 minutes. | Sunrise: 3:52 AMSunset: 9:52 PMDaylight: 18 hours and 0 minutes. | Sunrise: 3:56 AMSunset: 9:47 PMDaylight: 17 hours and 50 minutes. | Sunrise: 4:01 AMSunset: 9:42 PMDaylight: 17 hours and 40 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 4:06 AMSunset: 9:37 PMDaylight: 17 hours and 31 minutes. | Sunrise: 4:10 AMSunset: 9:32 PMDaylight: 17 hours and 22 minutes. | Sunrise: 4:14 AMSunset: 9:27 PMDaylight: 17 hours and 12 minutes. | Sunrise: 4:19 AMSunset: 9:22 PMDaylight: 17 hours and 3 minutes. | Sunrise: 4:23 AMSunset: 9:18 PMDaylight: 16 hours and 54 minutes. | Sunrise: 4:27 AMSunset: 9:13 PMDaylight: 16 hours and 45 minutes. | Sunrise: 4:32 AMSunset: 9:08 PMDaylight: 16 hours and 36 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 4:36 AMSunset: 9:03 PMDaylight: 16 hours and 27 minutes. | Sunrise: 4:40 AMSunset: 8:59 PMDaylight: 16 hours and 18 minutes. | Sunrise: 4:44 AMSunset: 8:54 PMDaylight: 16 hours and 9 minutes. | Sunrise: 4:48 AMSunset: 8:49 PMDaylight: 16 hours and 1 minute. | Sunrise: 4:52 AMSunset: 8:45 PMDaylight: 15 hours and 52 minutes. | Sunrise: 4:56 AMSunset: 8:40 PMDaylight: 15 hours and 43 minutes. | Sunrise: 5:00 AMSunset: 8:35 PMDaylight: 15 hours and 35 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:04 AMSunset: 8:31 PMDaylight: 15 hours and 26 minutes. |  |  |  |  |  |  |