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|  | August 2025 |
| Mount Frere, Eastern Cape, South Africa |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 6:51 AMSunset: 5:29 PMDaylight: 10 hours and 38 minutes. | Sunrise: 6:50 AMSunset: 5:30 PMDaylight: 10 hours and 39 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 6:49 AMSunset: 5:30 PMDaylight: 10 hours and 41 minutes. | Sunrise: 6:48 AMSunset: 5:31 PMDaylight: 10 hours and 42 minutes. | Sunrise: 6:48 AMSunset: 5:32 PMDaylight: 10 hours and 44 minutes. | Sunrise: 6:47 AMSunset: 5:32 PMDaylight: 10 hours and 45 minutes. | Sunrise: 6:46 AMSunset: 5:33 PMDaylight: 10 hours and 47 minutes. | Sunrise: 6:45 AMSunset: 5:33 PMDaylight: 10 hours and 48 minutes. | Sunrise: 6:44 AMSunset: 5:34 PMDaylight: 10 hours and 49 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 6:43 AMSunset: 5:35 PMDaylight: 10 hours and 51 minutes. | Sunrise: 6:42 AMSunset: 5:35 PMDaylight: 10 hours and 53 minutes. | Sunrise: 6:41 AMSunset: 5:36 PMDaylight: 10 hours and 54 minutes. | Sunrise: 6:40 AMSunset: 5:37 PMDaylight: 10 hours and 56 minutes. | Sunrise: 6:39 AMSunset: 5:37 PMDaylight: 10 hours and 57 minutes. | Sunrise: 6:38 AMSunset: 5:38 PMDaylight: 10 hours and 59 minutes. | Sunrise: 6:37 AMSunset: 5:38 PMDaylight: 11 hours and 0 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 6:36 AMSunset: 5:39 PMDaylight: 11 hours and 2 minutes. | Sunrise: 6:35 AMSunset: 5:40 PMDaylight: 11 hours and 4 minutes. | Sunrise: 6:34 AMSunset: 5:40 PMDaylight: 11 hours and 5 minutes. | Sunrise: 6:33 AMSunset: 5:41 PMDaylight: 11 hours and 7 minutes. | Sunrise: 6:32 AMSunset: 5:41 PMDaylight: 11 hours and 9 minutes. | Sunrise: 6:31 AMSunset: 5:42 PMDaylight: 11 hours and 10 minutes. | Sunrise: 6:30 AMSunset: 5:42 PMDaylight: 11 hours and 12 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 6:29 AMSunset: 5:43 PMDaylight: 11 hours and 14 minutes. | Sunrise: 6:28 AMSunset: 5:44 PMDaylight: 11 hours and 15 minutes. | Sunrise: 6:27 AMSunset: 5:44 PMDaylight: 11 hours and 17 minutes. | Sunrise: 6:26 AMSunset: 5:45 PMDaylight: 11 hours and 19 minutes. | Sunrise: 6:24 AMSunset: 5:45 PMDaylight: 11 hours and 20 minutes. | Sunrise: 6:23 AMSunset: 5:46 PMDaylight: 11 hours and 22 minutes. | Sunrise: 6:22 AMSunset: 5:46 PMDaylight: 11 hours and 24 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 6:21 AMSunset: 5:47 PMDaylight: 11 hours and 26 minutes. |  |  |  |  |  |  |