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|  | August 2025 |
| Lhasa, Tibet, China |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 7:15 AMSunset: 8:48 PMDaylight: 13 hours and 33 minutes. | Sunrise: 7:15 AMSunset: 8:47 PMDaylight: 13 hours and 32 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 7:16 AMSunset: 8:47 PMDaylight: 13 hours and 30 minutes. | Sunrise: 7:17 AMSunset: 8:46 PMDaylight: 13 hours and 29 minutes. | Sunrise: 7:17 AMSunset: 8:45 PMDaylight: 13 hours and 28 minutes. | Sunrise: 7:18 AMSunset: 8:44 PMDaylight: 13 hours and 26 minutes. | Sunrise: 7:18 AMSunset: 8:44 PMDaylight: 13 hours and 25 minutes. | Sunrise: 7:19 AMSunset: 8:43 PMDaylight: 13 hours and 23 minutes. | Sunrise: 7:19 AMSunset: 8:42 PMDaylight: 13 hours and 22 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 7:20 AMSunset: 8:41 PMDaylight: 13 hours and 20 minutes. | Sunrise: 7:21 AMSunset: 8:40 PMDaylight: 13 hours and 19 minutes. | Sunrise: 7:21 AMSunset: 8:39 PMDaylight: 13 hours and 17 minutes. | Sunrise: 7:22 AMSunset: 8:38 PMDaylight: 13 hours and 16 minutes. | Sunrise: 7:22 AMSunset: 8:37 PMDaylight: 13 hours and 14 minutes. | Sunrise: 7:23 AMSunset: 8:36 PMDaylight: 13 hours and 13 minutes. | Sunrise: 7:24 AMSunset: 8:35 PMDaylight: 13 hours and 11 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 7:24 AMSunset: 8:34 PMDaylight: 13 hours and 10 minutes. | Sunrise: 7:25 AMSunset: 8:33 PMDaylight: 13 hours and 8 minutes. | Sunrise: 7:25 AMSunset: 8:32 PMDaylight: 13 hours and 7 minutes. | Sunrise: 7:26 AMSunset: 8:31 PMDaylight: 13 hours and 5 minutes. | Sunrise: 7:26 AMSunset: 8:30 PMDaylight: 13 hours and 3 minutes. | Sunrise: 7:27 AMSunset: 8:29 PMDaylight: 13 hours and 2 minutes. | Sunrise: 7:27 AMSunset: 8:28 PMDaylight: 13 hours and 0 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 7:28 AMSunset: 8:27 PMDaylight: 12 hours and 59 minutes. | Sunrise: 7:29 AMSunset: 8:26 PMDaylight: 12 hours and 57 minutes. | Sunrise: 7:29 AMSunset: 8:25 PMDaylight: 12 hours and 55 minutes. | Sunrise: 7:30 AMSunset: 8:24 PMDaylight: 12 hours and 54 minutes. | Sunrise: 7:30 AMSunset: 8:23 PMDaylight: 12 hours and 52 minutes. | Sunrise: 7:31 AMSunset: 8:22 PMDaylight: 12 hours and 50 minutes. | Sunrise: 7:31 AMSunset: 8:20 PMDaylight: 12 hours and 49 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 7:32 AMSunset: 8:19 PMDaylight: 12 hours and 47 minutes. |  |  |  |  |  |  |