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|  | August 2025 |
| Lesnyye Polyany, Russia |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 4:32 AMSunset: 8:37 PMDaylight: 16 hours and 4 minutes. | Sunrise: 4:34 AMSunset: 8:35 PMDaylight: 16 hours and 0 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:36 AMSunset: 8:33 PMDaylight: 15 hours and 56 minutes. | Sunrise: 4:38 AMSunset: 8:31 PMDaylight: 15 hours and 52 minutes. | Sunrise: 4:40 AMSunset: 8:28 PMDaylight: 15 hours and 48 minutes. | Sunrise: 4:42 AMSunset: 8:26 PMDaylight: 15 hours and 44 minutes. | Sunrise: 4:44 AMSunset: 8:24 PMDaylight: 15 hours and 40 minutes. | Sunrise: 4:45 AMSunset: 8:22 PMDaylight: 15 hours and 36 minutes. | Sunrise: 4:47 AMSunset: 8:20 PMDaylight: 15 hours and 32 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:49 AMSunset: 8:18 PMDaylight: 15 hours and 28 minutes. | Sunrise: 4:51 AMSunset: 8:15 PMDaylight: 15 hours and 24 minutes. | Sunrise: 4:53 AMSunset: 8:13 PMDaylight: 15 hours and 19 minutes. | Sunrise: 4:55 AMSunset: 8:11 PMDaylight: 15 hours and 15 minutes. | Sunrise: 4:57 AMSunset: 8:08 PMDaylight: 15 hours and 11 minutes. | Sunrise: 4:59 AMSunset: 8:06 PMDaylight: 15 hours and 7 minutes. | Sunrise: 5:01 AMSunset: 8:04 PMDaylight: 15 hours and 2 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:03 AMSunset: 8:01 PMDaylight: 14 hours and 58 minutes. | Sunrise: 5:05 AMSunset: 7:59 PMDaylight: 14 hours and 54 minutes. | Sunrise: 5:07 AMSunset: 7:57 PMDaylight: 14 hours and 49 minutes. | Sunrise: 5:09 AMSunset: 7:54 PMDaylight: 14 hours and 45 minutes. | Sunrise: 5:11 AMSunset: 7:52 PMDaylight: 14 hours and 40 minutes. | Sunrise: 5:13 AMSunset: 7:49 PMDaylight: 14 hours and 36 minutes. | Sunrise: 5:15 AMSunset: 7:47 PMDaylight: 14 hours and 32 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:17 AMSunset: 7:44 PMDaylight: 14 hours and 27 minutes. | Sunrise: 5:19 AMSunset: 7:42 PMDaylight: 14 hours and 23 minutes. | Sunrise: 5:21 AMSunset: 7:39 PMDaylight: 14 hours and 18 minutes. | Sunrise: 5:23 AMSunset: 7:37 PMDaylight: 14 hours and 14 minutes. | Sunrise: 5:24 AMSunset: 7:34 PMDaylight: 14 hours and 9 minutes. | Sunrise: 5:26 AMSunset: 7:32 PMDaylight: 14 hours and 5 minutes. | Sunrise: 5:28 AMSunset: 7:29 PMDaylight: 14 hours and 0 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:30 AMSunset: 7:27 PMDaylight: 13 hours and 56 minutes. |  |  |  |  |  |  |