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|  | August 2025 |
| Kuhmo, Kainuu, Finland |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 4:08 AMSunset: 10:07 PMDaylight: 17 hours and 58 minutes. | Sunrise: 4:12 AMSunset: 10:04 PMDaylight: 17 hours and 52 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:15 AMSunset: 10:01 PMDaylight: 17 hours and 45 minutes. | Sunrise: 4:18 AMSunset: 9:57 PMDaylight: 17 hours and 39 minutes. | Sunrise: 4:21 AMSunset: 9:54 PMDaylight: 17 hours and 32 minutes. | Sunrise: 4:24 AMSunset: 9:50 PMDaylight: 17 hours and 26 minutes. | Sunrise: 4:28 AMSunset: 9:47 PMDaylight: 17 hours and 19 minutes. | Sunrise: 4:31 AMSunset: 9:44 PMDaylight: 17 hours and 12 minutes. | Sunrise: 4:34 AMSunset: 9:40 PMDaylight: 17 hours and 6 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:37 AMSunset: 9:37 PMDaylight: 16 hours and 59 minutes. | Sunrise: 4:40 AMSunset: 9:33 PMDaylight: 16 hours and 53 minutes. | Sunrise: 4:43 AMSunset: 9:30 PMDaylight: 16 hours and 46 minutes. | Sunrise: 4:46 AMSunset: 9:26 PMDaylight: 16 hours and 40 minutes. | Sunrise: 4:49 AMSunset: 9:23 PMDaylight: 16 hours and 33 minutes. | Sunrise: 4:53 AMSunset: 9:19 PMDaylight: 16 hours and 26 minutes. | Sunrise: 4:56 AMSunset: 9:16 PMDaylight: 16 hours and 20 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 4:59 AMSunset: 9:12 PMDaylight: 16 hours and 13 minutes. | Sunrise: 5:02 AMSunset: 9:09 PMDaylight: 16 hours and 7 minutes. | Sunrise: 5:05 AMSunset: 9:05 PMDaylight: 16 hours and 0 minutes. | Sunrise: 5:08 AMSunset: 9:02 PMDaylight: 15 hours and 53 minutes. | Sunrise: 5:11 AMSunset: 8:58 PMDaylight: 15 hours and 47 minutes. | Sunrise: 5:14 AMSunset: 8:55 PMDaylight: 15 hours and 40 minutes. | Sunrise: 5:17 AMSunset: 8:51 PMDaylight: 15 hours and 34 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:20 AMSunset: 8:48 PMDaylight: 15 hours and 27 minutes. | Sunrise: 5:23 AMSunset: 8:44 PMDaylight: 15 hours and 21 minutes. | Sunrise: 5:26 AMSunset: 8:41 PMDaylight: 15 hours and 14 minutes. | Sunrise: 5:29 AMSunset: 8:37 PMDaylight: 15 hours and 8 minutes. | Sunrise: 5:32 AMSunset: 8:34 PMDaylight: 15 hours and 1 minute. | Sunrise: 5:35 AMSunset: 8:30 PMDaylight: 14 hours and 55 minutes. | Sunrise: 5:38 AMSunset: 8:26 PMDaylight: 14 hours and 48 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:41 AMSunset: 8:23 PMDaylight: 14 hours and 42 minutes. |  |  |  |  |  |  |