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|  | August 2025 |
| Kostomuksha, Russia |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 4:00 AMSunset: 10:07 PMDaylight: 18 hours and 7 minutes. | Sunrise: 4:03 AMSunset: 10:04 PMDaylight: 18 hours and 1 minute. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:06 AMSunset: 10:01 PMDaylight: 17 hours and 54 minutes. | Sunrise: 4:10 AMSunset: 9:57 PMDaylight: 17 hours and 47 minutes. | Sunrise: 4:13 AMSunset: 9:54 PMDaylight: 17 hours and 40 minutes. | Sunrise: 4:16 AMSunset: 9:50 PMDaylight: 17 hours and 33 minutes. | Sunrise: 4:19 AMSunset: 9:47 PMDaylight: 17 hours and 27 minutes. | Sunrise: 4:23 AMSunset: 9:43 PMDaylight: 17 hours and 20 minutes. | Sunrise: 4:26 AMSunset: 9:39 PMDaylight: 17 hours and 13 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:29 AMSunset: 9:36 PMDaylight: 17 hours and 6 minutes. | Sunrise: 4:33 AMSunset: 9:32 PMDaylight: 16 hours and 59 minutes. | Sunrise: 4:36 AMSunset: 9:29 PMDaylight: 16 hours and 53 minutes. | Sunrise: 4:39 AMSunset: 9:25 PMDaylight: 16 hours and 46 minutes. | Sunrise: 4:42 AMSunset: 9:22 PMDaylight: 16 hours and 39 minutes. | Sunrise: 4:45 AMSunset: 9:18 PMDaylight: 16 hours and 32 minutes. | Sunrise: 4:49 AMSunset: 9:15 PMDaylight: 16 hours and 26 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 4:52 AMSunset: 9:11 PMDaylight: 16 hours and 19 minutes. | Sunrise: 4:55 AMSunset: 9:07 PMDaylight: 16 hours and 12 minutes. | Sunrise: 4:58 AMSunset: 9:04 PMDaylight: 16 hours and 5 minutes. | Sunrise: 5:01 AMSunset: 9:00 PMDaylight: 15 hours and 59 minutes. | Sunrise: 5:04 AMSunset: 8:57 PMDaylight: 15 hours and 52 minutes. | Sunrise: 5:07 AMSunset: 8:53 PMDaylight: 15 hours and 45 minutes. | Sunrise: 5:10 AMSunset: 8:49 PMDaylight: 15 hours and 38 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:14 AMSunset: 8:46 PMDaylight: 15 hours and 32 minutes. | Sunrise: 5:17 AMSunset: 8:42 PMDaylight: 15 hours and 25 minutes. | Sunrise: 5:20 AMSunset: 8:38 PMDaylight: 15 hours and 18 minutes. | Sunrise: 5:23 AMSunset: 8:35 PMDaylight: 15 hours and 12 minutes. | Sunrise: 5:26 AMSunset: 8:31 PMDaylight: 15 hours and 5 minutes. | Sunrise: 5:29 AMSunset: 8:28 PMDaylight: 14 hours and 58 minutes. | Sunrise: 5:32 AMSunset: 8:24 PMDaylight: 14 hours and 52 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:35 AMSunset: 8:20 PMDaylight: 14 hours and 45 minutes. |  |  |  |  |  |  |