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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | August 2025 | | | | | | |
| Kostomuksha, Russia | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  | 1 | 2 |
|  |  | |  |  |  | Sunrise: 4:00 AM  Sunset: 10:07 PM  Daylight: 18 hours and 7 minutes. | Sunrise: 4:03 AM  Sunset: 10:04 PM  Daylight: 18 hours and 1 minute. |
| 3 | 4 | | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:06 AM  Sunset: 10:01 PM  Daylight: 17 hours and 54 minutes. | Sunrise: 4:10 AM  Sunset: 9:57 PM  Daylight: 17 hours and 47 minutes. | | Sunrise: 4:13 AM  Sunset: 9:54 PM  Daylight: 17 hours and 40 minutes. | Sunrise: 4:16 AM  Sunset: 9:50 PM  Daylight: 17 hours and 33 minutes. | Sunrise: 4:19 AM  Sunset: 9:47 PM  Daylight: 17 hours and 27 minutes. | Sunrise: 4:23 AM  Sunset: 9:43 PM  Daylight: 17 hours and 20 minutes. | Sunrise: 4:26 AM  Sunset: 9:39 PM  Daylight: 17 hours and 13 minutes. |
| 10 | 11 | | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:29 AM  Sunset: 9:36 PM  Daylight: 17 hours and 6 minutes. | Sunrise: 4:33 AM  Sunset: 9:32 PM  Daylight: 16 hours and 59 minutes. | | Sunrise: 4:36 AM  Sunset: 9:29 PM  Daylight: 16 hours and 53 minutes. | Sunrise: 4:39 AM  Sunset: 9:25 PM  Daylight: 16 hours and 46 minutes. | Sunrise: 4:42 AM  Sunset: 9:22 PM  Daylight: 16 hours and 39 minutes. | Sunrise: 4:45 AM  Sunset: 9:18 PM  Daylight: 16 hours and 32 minutes. | Sunrise: 4:49 AM  Sunset: 9:15 PM  Daylight: 16 hours and 26 minutes. |
| 17 | 18 | | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 4:52 AM  Sunset: 9:11 PM  Daylight: 16 hours and 19 minutes. | Sunrise: 4:55 AM  Sunset: 9:07 PM  Daylight: 16 hours and 12 minutes. | | Sunrise: 4:58 AM  Sunset: 9:04 PM  Daylight: 16 hours and 5 minutes. | Sunrise: 5:01 AM  Sunset: 9:00 PM  Daylight: 15 hours and 59 minutes. | Sunrise: 5:04 AM  Sunset: 8:57 PM  Daylight: 15 hours and 52 minutes. | Sunrise: 5:07 AM  Sunset: 8:53 PM  Daylight: 15 hours and 45 minutes. | Sunrise: 5:10 AM  Sunset: 8:49 PM  Daylight: 15 hours and 38 minutes. |
| 24 | 25 | | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:14 AM  Sunset: 8:46 PM  Daylight: 15 hours and 32 minutes. | Sunrise: 5:17 AM  Sunset: 8:42 PM  Daylight: 15 hours and 25 minutes. | | Sunrise: 5:20 AM  Sunset: 8:38 PM  Daylight: 15 hours and 18 minutes. | Sunrise: 5:23 AM  Sunset: 8:35 PM  Daylight: 15 hours and 12 minutes. | Sunrise: 5:26 AM  Sunset: 8:31 PM  Daylight: 15 hours and 5 minutes. | Sunrise: 5:29 AM  Sunset: 8:28 PM  Daylight: 14 hours and 58 minutes. | Sunrise: 5:32 AM  Sunset: 8:24 PM  Daylight: 14 hours and 52 minutes. |
| 31 |  | |  |  |  |  |  |
| Sunrise: 5:35 AM  Sunset: 8:20 PM  Daylight: 14 hours and 45 minutes. |  | |  |  |  |  |  |