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|  | August 2025 |
| Kontiolahti, North Karelia, Finland |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 4:20 AMSunset: 9:53 PMDaylight: 17 hours and 33 minutes. | Sunrise: 4:23 AMSunset: 9:50 PMDaylight: 17 hours and 27 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:26 AMSunset: 9:47 PMDaylight: 17 hours and 21 minutes. | Sunrise: 4:28 AMSunset: 9:44 PMDaylight: 17 hours and 15 minutes. | Sunrise: 4:31 AMSunset: 9:41 PMDaylight: 17 hours and 9 minutes. | Sunrise: 4:34 AMSunset: 9:38 PMDaylight: 17 hours and 3 minutes. | Sunrise: 4:37 AMSunset: 9:35 PMDaylight: 16 hours and 57 minutes. | Sunrise: 4:40 AMSunset: 9:32 PMDaylight: 16 hours and 51 minutes. | Sunrise: 4:43 AMSunset: 9:29 PMDaylight: 16 hours and 45 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:46 AMSunset: 9:25 PMDaylight: 16 hours and 39 minutes. | Sunrise: 4:48 AMSunset: 9:22 PMDaylight: 16 hours and 33 minutes. | Sunrise: 4:51 AMSunset: 9:19 PMDaylight: 16 hours and 27 minutes. | Sunrise: 4:54 AMSunset: 9:16 PMDaylight: 16 hours and 21 minutes. | Sunrise: 4:57 AMSunset: 9:13 PMDaylight: 16 hours and 15 minutes. | Sunrise: 5:00 AMSunset: 9:10 PMDaylight: 16 hours and 9 minutes. | Sunrise: 5:03 AMSunset: 9:06 PMDaylight: 16 hours and 3 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:05 AMSunset: 9:03 PMDaylight: 15 hours and 57 minutes. | Sunrise: 5:08 AMSunset: 9:00 PMDaylight: 15 hours and 51 minutes. | Sunrise: 5:11 AMSunset: 8:57 PMDaylight: 15 hours and 45 minutes. | Sunrise: 5:14 AMSunset: 8:53 PMDaylight: 15 hours and 39 minutes. | Sunrise: 5:17 AMSunset: 8:50 PMDaylight: 15 hours and 33 minutes. | Sunrise: 5:19 AMSunset: 8:47 PMDaylight: 15 hours and 27 minutes. | Sunrise: 5:22 AMSunset: 8:43 PMDaylight: 15 hours and 21 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:25 AMSunset: 8:40 PMDaylight: 15 hours and 15 minutes. | Sunrise: 5:28 AMSunset: 8:37 PMDaylight: 15 hours and 9 minutes. | Sunrise: 5:31 AMSunset: 8:33 PMDaylight: 15 hours and 2 minutes. | Sunrise: 5:33 AMSunset: 8:30 PMDaylight: 14 hours and 56 minutes. | Sunrise: 5:36 AMSunset: 8:27 PMDaylight: 14 hours and 50 minutes. | Sunrise: 5:39 AMSunset: 8:23 PMDaylight: 14 hours and 44 minutes. | Sunrise: 5:42 AMSunset: 8:20 PMDaylight: 14 hours and 38 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:44 AMSunset: 8:17 PMDaylight: 14 hours and 32 minutes. |  |  |  |  |  |  |