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|  | August 2025 |
| Kitakami, Iwate, Japan |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 4:35 AMSunset: 6:48 PMDaylight: 14 hours and 12 minutes. | Sunrise: 4:36 AMSunset: 6:47 PMDaylight: 14 hours and 10 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:37 AMSunset: 6:46 PMDaylight: 14 hours and 8 minutes. | Sunrise: 4:38 AMSunset: 6:45 PMDaylight: 14 hours and 6 minutes. | Sunrise: 4:39 AMSunset: 6:44 PMDaylight: 14 hours and 4 minutes. | Sunrise: 4:40 AMSunset: 6:42 PMDaylight: 14 hours and 2 minutes. | Sunrise: 4:40 AMSunset: 6:41 PMDaylight: 14 hours and 0 minutes. | Sunrise: 4:41 AMSunset: 6:40 PMDaylight: 13 hours and 58 minutes. | Sunrise: 4:42 AMSunset: 6:39 PMDaylight: 13 hours and 56 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:43 AMSunset: 6:38 PMDaylight: 13 hours and 54 minutes. | Sunrise: 4:44 AMSunset: 6:36 PMDaylight: 13 hours and 52 minutes. | Sunrise: 4:45 AMSunset: 6:35 PMDaylight: 13 hours and 50 minutes. | Sunrise: 4:46 AMSunset: 6:34 PMDaylight: 13 hours and 47 minutes. | Sunrise: 4:47 AMSunset: 6:33 PMDaylight: 13 hours and 45 minutes. | Sunrise: 4:48 AMSunset: 6:31 PMDaylight: 13 hours and 43 minutes. | Sunrise: 4:49 AMSunset: 6:30 PMDaylight: 13 hours and 41 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 4:50 AMSunset: 6:29 PMDaylight: 13 hours and 38 minutes. | Sunrise: 4:51 AMSunset: 6:27 PMDaylight: 13 hours and 36 minutes. | Sunrise: 4:52 AMSunset: 6:26 PMDaylight: 13 hours and 34 minutes. | Sunrise: 4:52 AMSunset: 6:25 PMDaylight: 13 hours and 32 minutes. | Sunrise: 4:53 AMSunset: 6:23 PMDaylight: 13 hours and 29 minutes. | Sunrise: 4:54 AMSunset: 6:22 PMDaylight: 13 hours and 27 minutes. | Sunrise: 4:55 AMSunset: 6:20 PMDaylight: 13 hours and 25 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 4:56 AMSunset: 6:19 PMDaylight: 13 hours and 22 minutes. | Sunrise: 4:57 AMSunset: 6:17 PMDaylight: 13 hours and 20 minutes. | Sunrise: 4:58 AMSunset: 6:16 PMDaylight: 13 hours and 17 minutes. | Sunrise: 4:59 AMSunset: 6:14 PMDaylight: 13 hours and 15 minutes. | Sunrise: 5:00 AMSunset: 6:13 PMDaylight: 13 hours and 13 minutes. | Sunrise: 5:01 AMSunset: 6:11 PMDaylight: 13 hours and 10 minutes. | Sunrise: 5:02 AMSunset: 6:10 PMDaylight: 13 hours and 8 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:03 AMSunset: 6:08 PMDaylight: 13 hours and 5 minutes. |  |  |  |  |  |  |