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|  | August 2025 |
| Kandalaksha, Russia |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 3:20 AMSunset: 10:33 PMDaylight: 19 hours and 13 minutes. | Sunrise: 3:24 AMSunset: 10:28 PMDaylight: 19 hours and 4 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 3:28 AMSunset: 10:24 PMDaylight: 18 hours and 55 minutes. | Sunrise: 3:33 AMSunset: 10:19 PMDaylight: 18 hours and 46 minutes. | Sunrise: 3:37 AMSunset: 10:15 PMDaylight: 18 hours and 37 minutes. | Sunrise: 3:41 AMSunset: 10:10 PMDaylight: 18 hours and 28 minutes. | Sunrise: 3:46 AMSunset: 10:06 PMDaylight: 18 hours and 20 minutes. | Sunrise: 3:50 AMSunset: 10:01 PMDaylight: 18 hours and 11 minutes. | Sunrise: 3:54 AMSunset: 9:57 PMDaylight: 18 hours and 3 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 3:58 AMSunset: 9:53 PMDaylight: 17 hours and 54 minutes. | Sunrise: 4:02 AMSunset: 9:48 PMDaylight: 17 hours and 46 minutes. | Sunrise: 4:06 AMSunset: 9:44 PMDaylight: 17 hours and 38 minutes. | Sunrise: 4:10 AMSunset: 9:40 PMDaylight: 17 hours and 29 minutes. | Sunrise: 4:14 AMSunset: 9:35 PMDaylight: 17 hours and 21 minutes. | Sunrise: 4:18 AMSunset: 9:31 PMDaylight: 17 hours and 13 minutes. | Sunrise: 4:22 AMSunset: 9:27 PMDaylight: 17 hours and 5 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 4:25 AMSunset: 9:23 PMDaylight: 16 hours and 57 minutes. | Sunrise: 4:29 AMSunset: 9:18 PMDaylight: 16 hours and 49 minutes. | Sunrise: 4:33 AMSunset: 9:14 PMDaylight: 16 hours and 41 minutes. | Sunrise: 4:37 AMSunset: 9:10 PMDaylight: 16 hours and 33 minutes. | Sunrise: 4:40 AMSunset: 9:06 PMDaylight: 16 hours and 25 minutes. | Sunrise: 4:44 AMSunset: 9:01 PMDaylight: 16 hours and 17 minutes. | Sunrise: 4:48 AMSunset: 8:57 PMDaylight: 16 hours and 9 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 4:51 AMSunset: 8:53 PMDaylight: 16 hours and 1 minute. | Sunrise: 4:55 AMSunset: 8:49 PMDaylight: 15 hours and 53 minutes. | Sunrise: 4:59 AMSunset: 8:45 PMDaylight: 15 hours and 46 minutes. | Sunrise: 5:02 AMSunset: 8:41 PMDaylight: 15 hours and 38 minutes. | Sunrise: 5:06 AMSunset: 8:36 PMDaylight: 15 hours and 30 minutes. | Sunrise: 5:09 AMSunset: 8:32 PMDaylight: 15 hours and 22 minutes. | Sunrise: 5:13 AMSunset: 8:28 PMDaylight: 15 hours and 15 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:17 AMSunset: 8:24 PMDaylight: 15 hours and 7 minutes. |  |  |  |  |  |  |