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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | August 2025 | | | | | | |
| Kandalaksha, Russia | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  | 1 | 2 |
|  |  | |  |  |  | Sunrise: 3:20 AM  Sunset: 10:33 PM  Daylight: 19 hours and 13 minutes. | Sunrise: 3:24 AM  Sunset: 10:28 PM  Daylight: 19 hours and 4 minutes. |
| 3 | 4 | | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 3:28 AM  Sunset: 10:24 PM  Daylight: 18 hours and 55 minutes. | Sunrise: 3:33 AM  Sunset: 10:19 PM  Daylight: 18 hours and 46 minutes. | | Sunrise: 3:37 AM  Sunset: 10:15 PM  Daylight: 18 hours and 37 minutes. | Sunrise: 3:41 AM  Sunset: 10:10 PM  Daylight: 18 hours and 28 minutes. | Sunrise: 3:46 AM  Sunset: 10:06 PM  Daylight: 18 hours and 20 minutes. | Sunrise: 3:50 AM  Sunset: 10:01 PM  Daylight: 18 hours and 11 minutes. | Sunrise: 3:54 AM  Sunset: 9:57 PM  Daylight: 18 hours and 3 minutes. |
| 10 | 11 | | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 3:58 AM  Sunset: 9:53 PM  Daylight: 17 hours and 54 minutes. | Sunrise: 4:02 AM  Sunset: 9:48 PM  Daylight: 17 hours and 46 minutes. | | Sunrise: 4:06 AM  Sunset: 9:44 PM  Daylight: 17 hours and 38 minutes. | Sunrise: 4:10 AM  Sunset: 9:40 PM  Daylight: 17 hours and 29 minutes. | Sunrise: 4:14 AM  Sunset: 9:35 PM  Daylight: 17 hours and 21 minutes. | Sunrise: 4:18 AM  Sunset: 9:31 PM  Daylight: 17 hours and 13 minutes. | Sunrise: 4:22 AM  Sunset: 9:27 PM  Daylight: 17 hours and 5 minutes. |
| 17 | 18 | | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 4:25 AM  Sunset: 9:23 PM  Daylight: 16 hours and 57 minutes. | Sunrise: 4:29 AM  Sunset: 9:18 PM  Daylight: 16 hours and 49 minutes. | | Sunrise: 4:33 AM  Sunset: 9:14 PM  Daylight: 16 hours and 41 minutes. | Sunrise: 4:37 AM  Sunset: 9:10 PM  Daylight: 16 hours and 33 minutes. | Sunrise: 4:40 AM  Sunset: 9:06 PM  Daylight: 16 hours and 25 minutes. | Sunrise: 4:44 AM  Sunset: 9:01 PM  Daylight: 16 hours and 17 minutes. | Sunrise: 4:48 AM  Sunset: 8:57 PM  Daylight: 16 hours and 9 minutes. |
| 24 | 25 | | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 4:51 AM  Sunset: 8:53 PM  Daylight: 16 hours and 1 minute. | Sunrise: 4:55 AM  Sunset: 8:49 PM  Daylight: 15 hours and 53 minutes. | | Sunrise: 4:59 AM  Sunset: 8:45 PM  Daylight: 15 hours and 46 minutes. | Sunrise: 5:02 AM  Sunset: 8:41 PM  Daylight: 15 hours and 38 minutes. | Sunrise: 5:06 AM  Sunset: 8:36 PM  Daylight: 15 hours and 30 minutes. | Sunrise: 5:09 AM  Sunset: 8:32 PM  Daylight: 15 hours and 22 minutes. | Sunrise: 5:13 AM  Sunset: 8:28 PM  Daylight: 15 hours and 15 minutes. |
| 31 |  | |  |  |  |  |  |
| Sunrise: 5:17 AM  Sunset: 8:24 PM  Daylight: 15 hours and 7 minutes. |  | |  |  |  |  |  |