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|  | August 2025 |
| Insar, Russia |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 4:16 AMSunset: 8:01 PMDaylight: 15 hours and 44 minutes. | Sunrise: 4:18 AMSunset: 7:59 PMDaylight: 15 hours and 41 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:19 AMSunset: 7:57 PMDaylight: 15 hours and 37 minutes. | Sunrise: 4:21 AMSunset: 7:55 PMDaylight: 15 hours and 34 minutes. | Sunrise: 4:23 AMSunset: 7:53 PMDaylight: 15 hours and 30 minutes. | Sunrise: 4:25 AMSunset: 7:51 PMDaylight: 15 hours and 26 minutes. | Sunrise: 4:26 AMSunset: 7:49 PMDaylight: 15 hours and 23 minutes. | Sunrise: 4:28 AMSunset: 7:47 PMDaylight: 15 hours and 19 minutes. | Sunrise: 4:30 AMSunset: 7:45 PMDaylight: 15 hours and 15 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:31 AMSunset: 7:43 PMDaylight: 15 hours and 11 minutes. | Sunrise: 4:33 AMSunset: 7:41 PMDaylight: 15 hours and 8 minutes. | Sunrise: 4:35 AMSunset: 7:39 PMDaylight: 15 hours and 4 minutes. | Sunrise: 4:37 AMSunset: 7:37 PMDaylight: 15 hours and 0 minutes. | Sunrise: 4:38 AMSunset: 7:35 PMDaylight: 14 hours and 56 minutes. | Sunrise: 4:40 AMSunset: 7:33 PMDaylight: 14 hours and 52 minutes. | Sunrise: 4:42 AMSunset: 7:31 PMDaylight: 14 hours and 48 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 4:44 AMSunset: 7:29 PMDaylight: 14 hours and 44 minutes. | Sunrise: 4:46 AMSunset: 7:26 PMDaylight: 14 hours and 40 minutes. | Sunrise: 4:47 AMSunset: 7:24 PMDaylight: 14 hours and 36 minutes. | Sunrise: 4:49 AMSunset: 7:22 PMDaylight: 14 hours and 32 minutes. | Sunrise: 4:51 AMSunset: 7:20 PMDaylight: 14 hours and 28 minutes. | Sunrise: 4:53 AMSunset: 7:17 PMDaylight: 14 hours and 24 minutes. | Sunrise: 4:54 AMSunset: 7:15 PMDaylight: 14 hours and 20 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 4:56 AMSunset: 7:13 PMDaylight: 14 hours and 16 minutes. | Sunrise: 4:58 AMSunset: 7:10 PMDaylight: 14 hours and 12 minutes. | Sunrise: 5:00 AMSunset: 7:08 PMDaylight: 14 hours and 8 minutes. | Sunrise: 5:02 AMSunset: 7:06 PMDaylight: 14 hours and 4 minutes. | Sunrise: 5:03 AMSunset: 7:03 PMDaylight: 14 hours and 0 minutes. | Sunrise: 5:05 AMSunset: 7:01 PMDaylight: 13 hours and 55 minutes. | Sunrise: 5:07 AMSunset: 6:59 PMDaylight: 13 hours and 51 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:09 AMSunset: 6:56 PMDaylight: 13 hours and 47 minutes. |  |  |  |  |  |  |