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|  | August 2025 |
| Helensville, Auckland, New Zealand |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 7:20 AMSunset: 5:37 PMDaylight: 10 hours and 16 minutes. | Sunrise: 7:19 AMSunset: 5:37 PMDaylight: 10 hours and 18 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 7:18 AMSunset: 5:38 PMDaylight: 10 hours and 20 minutes. | Sunrise: 7:17 AMSunset: 5:39 PMDaylight: 10 hours and 22 minutes. | Sunrise: 7:16 AMSunset: 5:40 PMDaylight: 10 hours and 23 minutes. | Sunrise: 7:15 AMSunset: 5:40 PMDaylight: 10 hours and 25 minutes. | Sunrise: 7:14 AMSunset: 5:41 PMDaylight: 10 hours and 27 minutes. | Sunrise: 7:13 AMSunset: 5:42 PMDaylight: 10 hours and 29 minutes. | Sunrise: 7:12 AMSunset: 5:43 PMDaylight: 10 hours and 31 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 7:11 AMSunset: 5:44 PMDaylight: 10 hours and 33 minutes. | Sunrise: 7:09 AMSunset: 5:44 PMDaylight: 10 hours and 35 minutes. | Sunrise: 7:08 AMSunset: 5:45 PMDaylight: 10 hours and 36 minutes. | Sunrise: 7:07 AMSunset: 5:46 PMDaylight: 10 hours and 38 minutes. | Sunrise: 7:06 AMSunset: 5:47 PMDaylight: 10 hours and 40 minutes. | Sunrise: 7:05 AMSunset: 5:48 PMDaylight: 10 hours and 42 minutes. | Sunrise: 7:04 AMSunset: 5:48 PMDaylight: 10 hours and 44 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 7:02 AMSunset: 5:49 PMDaylight: 10 hours and 46 minutes. | Sunrise: 7:01 AMSunset: 5:50 PMDaylight: 10 hours and 48 minutes. | Sunrise: 7:00 AMSunset: 5:51 PMDaylight: 10 hours and 50 minutes. | Sunrise: 6:59 AMSunset: 5:52 PMDaylight: 10 hours and 53 minutes. | Sunrise: 6:57 AMSunset: 5:52 PMDaylight: 10 hours and 55 minutes. | Sunrise: 6:56 AMSunset: 5:53 PMDaylight: 10 hours and 57 minutes. | Sunrise: 6:55 AMSunset: 5:54 PMDaylight: 10 hours and 59 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 6:53 AMSunset: 5:55 PMDaylight: 11 hours and 1 minute. | Sunrise: 6:52 AMSunset: 5:56 PMDaylight: 11 hours and 3 minutes. | Sunrise: 6:51 AMSunset: 5:56 PMDaylight: 11 hours and 5 minutes. | Sunrise: 6:49 AMSunset: 5:57 PMDaylight: 11 hours and 7 minutes. | Sunrise: 6:48 AMSunset: 5:58 PMDaylight: 11 hours and 10 minutes. | Sunrise: 6:47 AMSunset: 5:59 PMDaylight: 11 hours and 12 minutes. | Sunrise: 6:45 AMSunset: 6:00 PMDaylight: 11 hours and 14 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 6:44 AMSunset: 6:00 PMDaylight: 11 hours and 16 minutes. |  |  |  |  |  |  |