



August 2025

Helena, Oklahoma, United States

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Sunrise: 6:39 AM Sunset: 8:39 PM Daylight: 14 hours and 0 minutes.	Sunrise: 6:40 AM Sunset: 8:38 PM Daylight: 13 hours and 58 minutes.
3	4	5	6	7	8	9
Sunrise: 6:40 AM Sunset: 8:37 PM Daylight: 13 hours and 57 minutes.	Sunrise: 6:41 AM Sunset: 8:36 PM Daylight: 13 hours and 55 minutes.	Sunrise: 6:42 AM Sunset: 8:35 PM Daylight: 13 hours and 53 minutes.	Sunrise: 6:43 AM Sunset: 8:34 PM Daylight: 13 hours and 51 minutes.	Sunrise: 6:44 AM Sunset: 8:33 PM Daylight: 13 hours and 49 minutes.	Sunrise: 6:44 AM Sunset: 8:32 PM Daylight: 13 hours and 47 minutes.	Sunrise: 6:45 AM Sunset: 8:31 PM Daylight: 13 hours and 45 minutes.
10	11	12	13	14	15	16
Sunrise: 6:46 AM Sunset: 8:30 PM Daylight: 13 hours and 44 minutes.	Sunrise: 6:47 AM Sunset: 8:29 PM Daylight: 13 hours and 42 minutes.	Sunrise: 6:48 AM Sunset: 8:28 PM Daylight: 13 hours and 40 minutes.	Sunrise: 6:48 AM Sunset: 8:27 PM Daylight: 13 hours and 38 minutes.	Sunrise: 6:49 AM Sunset: 8:25 PM Daylight: 13 hours and 36 minutes.	Sunrise: 6:50 AM Sunset: 8:24 PM Daylight: 13 hours and 34 minutes.	Sunrise: 6:51 AM Sunset: 8:23 PM Daylight: 13 hours and 32 minutes.
17	18	19	20	21	22	23
Sunrise: 6:52 AM Sunset: 8:22 PM Daylight: 13 hours and 30 minutes.	Sunrise: 6:53 AM Sunset: 8:20 PM Daylight: 13 hours and 27 minutes.	Sunrise: 6:53 AM Sunset: 8:19 PM Daylight: 13 hours and 25 minutes.	Sunrise: 6:54 AM Sunset: 8:18 PM Daylight: 13 hours and 23 minutes.	Sunrise: 6:55 AM Sunset: 8:17 PM Daylight: 13 hours and 21 minutes.	Sunrise: 6:56 AM Sunset: 8:15 PM Daylight: 13 hours and 19 minutes.	Sunrise: 6:57 AM Sunset: 8:14 PM Daylight: 13 hours and 17 minutes.
24	25	26	27	28	29	30
Sunrise: 6:57 AM Sunset: 8:13 PM Daylight: 13 hours and 15 minutes.	Sunrise: 6:58 AM Sunset: 8:11 PM Daylight: 13 hours and 13 minutes.	Sunrise: 6:59 AM Sunset: 8:10 PM Daylight: 13 hours and 11 minutes.	Sunrise: 7:00 AM Sunset: 8:09 PM Daylight: 13 hours and 8 minutes.	Sunrise: 7:01 AM Sunset: 8:07 PM Daylight: 13 hours and 6 minutes.	Sunrise: 7:01 AM Sunset: 8:06 PM Daylight: 13 hours and 4 minutes.	Sunrise: 7:02 AM Sunset: 8:04 PM Daylight: 13 hours and 2 minutes.
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Sunrise: 7:03 AM Sunset: 8:03 PM Daylight: 13 hours and 0 minutes.						