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|  | August 2025 |
| Helena, Arkansas, United States |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 6:12 AMSunset: 8:04 PMDaylight: 13 hours and 52 minutes. | Sunrise: 6:13 AMSunset: 8:03 PMDaylight: 13 hours and 50 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 6:14 AMSunset: 8:03 PMDaylight: 13 hours and 48 minutes. | Sunrise: 6:14 AMSunset: 8:02 PMDaylight: 13 hours and 47 minutes. | Sunrise: 6:15 AMSunset: 8:01 PMDaylight: 13 hours and 45 minutes. | Sunrise: 6:16 AMSunset: 8:00 PMDaylight: 13 hours and 43 minutes. | Sunrise: 6:17 AMSunset: 7:59 PMDaylight: 13 hours and 42 minutes. | Sunrise: 6:17 AMSunset: 7:58 PMDaylight: 13 hours and 40 minutes. | Sunrise: 6:18 AMSunset: 7:57 PMDaylight: 13 hours and 38 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 6:19 AMSunset: 7:56 PMDaylight: 13 hours and 36 minutes. | Sunrise: 6:20 AMSunset: 7:55 PMDaylight: 13 hours and 35 minutes. | Sunrise: 6:20 AMSunset: 7:54 PMDaylight: 13 hours and 33 minutes. | Sunrise: 6:21 AMSunset: 7:52 PMDaylight: 13 hours and 31 minutes. | Sunrise: 6:22 AMSunset: 7:51 PMDaylight: 13 hours and 29 minutes. | Sunrise: 6:23 AMSunset: 7:50 PMDaylight: 13 hours and 27 minutes. | Sunrise: 6:23 AMSunset: 7:49 PMDaylight: 13 hours and 25 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 6:24 AMSunset: 7:48 PMDaylight: 13 hours and 23 minutes. | Sunrise: 6:25 AMSunset: 7:47 PMDaylight: 13 hours and 22 minutes. | Sunrise: 6:26 AMSunset: 7:46 PMDaylight: 13 hours and 20 minutes. | Sunrise: 6:26 AMSunset: 7:44 PMDaylight: 13 hours and 18 minutes. | Sunrise: 6:27 AMSunset: 7:43 PMDaylight: 13 hours and 16 minutes. | Sunrise: 6:28 AMSunset: 7:42 PMDaylight: 13 hours and 14 minutes. | Sunrise: 6:28 AMSunset: 7:41 PMDaylight: 13 hours and 12 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 6:29 AMSunset: 7:39 PMDaylight: 13 hours and 10 minutes. | Sunrise: 6:30 AMSunset: 7:38 PMDaylight: 13 hours and 8 minutes. | Sunrise: 6:31 AMSunset: 7:37 PMDaylight: 13 hours and 6 minutes. | Sunrise: 6:31 AMSunset: 7:36 PMDaylight: 13 hours and 4 minutes. | Sunrise: 6:32 AMSunset: 7:34 PMDaylight: 13 hours and 2 minutes. | Sunrise: 6:33 AMSunset: 7:33 PMDaylight: 13 hours and 0 minutes. | Sunrise: 6:33 AMSunset: 7:32 PMDaylight: 12 hours and 58 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 6:34 AMSunset: 7:30 PMDaylight: 12 hours and 56 minutes. |  |  |  |  |  |  |