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|  | August 2025 |
| Grong, Trondelag, Norway |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 4:14 AMSunset: 10:19 PMDaylight: 18 hours and 5 minutes. | Sunrise: 4:17 AMSunset: 10:16 PMDaylight: 17 hours and 58 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:20 AMSunset: 10:13 PMDaylight: 17 hours and 52 minutes. | Sunrise: 4:24 AMSunset: 10:09 PMDaylight: 17 hours and 45 minutes. | Sunrise: 4:27 AMSunset: 10:06 PMDaylight: 17 hours and 38 minutes. | Sunrise: 4:30 AMSunset: 10:02 PMDaylight: 17 hours and 31 minutes. | Sunrise: 4:33 AMSunset: 9:59 PMDaylight: 17 hours and 25 minutes. | Sunrise: 4:37 AMSunset: 9:55 PMDaylight: 17 hours and 18 minutes. | Sunrise: 4:40 AMSunset: 9:52 PMDaylight: 17 hours and 11 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:43 AMSunset: 9:48 PMDaylight: 17 hours and 4 minutes. | Sunrise: 4:46 AMSunset: 9:45 PMDaylight: 16 hours and 58 minutes. | Sunrise: 4:50 AMSunset: 9:41 PMDaylight: 16 hours and 51 minutes. | Sunrise: 4:53 AMSunset: 9:38 PMDaylight: 16 hours and 44 minutes. | Sunrise: 4:56 AMSunset: 9:34 PMDaylight: 16 hours and 38 minutes. | Sunrise: 4:59 AMSunset: 9:30 PMDaylight: 16 hours and 31 minutes. | Sunrise: 5:02 AMSunset: 9:27 PMDaylight: 16 hours and 24 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:05 AMSunset: 9:23 PMDaylight: 16 hours and 17 minutes. | Sunrise: 5:09 AMSunset: 9:20 PMDaylight: 16 hours and 11 minutes. | Sunrise: 5:12 AMSunset: 9:16 PMDaylight: 16 hours and 4 minutes. | Sunrise: 5:15 AMSunset: 9:13 PMDaylight: 15 hours and 57 minutes. | Sunrise: 5:18 AMSunset: 9:09 PMDaylight: 15 hours and 51 minutes. | Sunrise: 5:21 AMSunset: 9:05 PMDaylight: 15 hours and 44 minutes. | Sunrise: 5:24 AMSunset: 9:02 PMDaylight: 15 hours and 37 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:27 AMSunset: 8:58 PMDaylight: 15 hours and 31 minutes. | Sunrise: 5:30 AMSunset: 8:55 PMDaylight: 15 hours and 24 minutes. | Sunrise: 5:33 AMSunset: 8:51 PMDaylight: 15 hours and 17 minutes. | Sunrise: 5:36 AMSunset: 8:47 PMDaylight: 15 hours and 11 minutes. | Sunrise: 5:39 AMSunset: 8:44 PMDaylight: 15 hours and 4 minutes. | Sunrise: 5:42 AMSunset: 8:40 PMDaylight: 14 hours and 57 minutes. | Sunrise: 5:45 AMSunset: 8:37 PMDaylight: 14 hours and 51 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:48 AMSunset: 8:33 PMDaylight: 14 hours and 44 minutes. |  |  |  |  |  |  |