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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | August 2025 | | | | | | |
| Frosta, Trondelag, Norway | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  | 1 | 2 |
|  |  | |  |  |  | Sunrise: 4:29 AM  Sunset: 10:17 PM  Daylight: 17 hours and 48 minutes. | Sunrise: 4:32 AM  Sunset: 10:14 PM  Daylight: 17 hours and 41 minutes. |
| 3 | 4 | | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:35 AM  Sunset: 10:11 PM  Daylight: 17 hours and 35 minutes. | Sunrise: 4:38 AM  Sunset: 10:07 PM  Daylight: 17 hours and 29 minutes. | | Sunrise: 4:41 AM  Sunset: 10:04 PM  Daylight: 17 hours and 23 minutes. | Sunrise: 4:44 AM  Sunset: 10:01 PM  Daylight: 17 hours and 16 minutes. | Sunrise: 4:47 AM  Sunset: 9:58 PM  Daylight: 17 hours and 10 minutes. | Sunrise: 4:50 AM  Sunset: 9:54 PM  Daylight: 17 hours and 4 minutes. | Sunrise: 4:53 AM  Sunset: 9:51 PM  Daylight: 16 hours and 57 minutes. |
| 10 | 11 | | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:56 AM  Sunset: 9:48 PM  Daylight: 16 hours and 51 minutes. | Sunrise: 4:59 AM  Sunset: 9:44 PM  Daylight: 16 hours and 45 minutes. | | Sunrise: 5:02 AM  Sunset: 9:41 PM  Daylight: 16 hours and 38 minutes. | Sunrise: 5:05 AM  Sunset: 9:38 PM  Daylight: 16 hours and 32 minutes. | Sunrise: 5:08 AM  Sunset: 9:34 PM  Daylight: 16 hours and 26 minutes. | Sunrise: 5:11 AM  Sunset: 9:31 PM  Daylight: 16 hours and 19 minutes. | Sunrise: 5:14 AM  Sunset: 9:28 PM  Daylight: 16 hours and 13 minutes. |
| 17 | 18 | | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:17 AM  Sunset: 9:24 PM  Daylight: 16 hours and 7 minutes. | Sunrise: 5:20 AM  Sunset: 9:21 PM  Daylight: 16 hours and 0 minutes. | | Sunrise: 5:23 AM  Sunset: 9:17 PM  Daylight: 15 hours and 54 minutes. | Sunrise: 5:26 AM  Sunset: 9:14 PM  Daylight: 15 hours and 48 minutes. | Sunrise: 5:29 AM  Sunset: 9:11 PM  Daylight: 15 hours and 41 minutes. | Sunrise: 5:32 AM  Sunset: 9:07 PM  Daylight: 15 hours and 35 minutes. | Sunrise: 5:35 AM  Sunset: 9:04 PM  Daylight: 15 hours and 28 minutes. |
| 24 | 25 | | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:38 AM  Sunset: 9:00 PM  Daylight: 15 hours and 22 minutes. | Sunrise: 5:41 AM  Sunset: 8:57 PM  Daylight: 15 hours and 16 minutes. | | Sunrise: 5:43 AM  Sunset: 8:53 PM  Daylight: 15 hours and 9 minutes. | Sunrise: 5:46 AM  Sunset: 8:50 PM  Daylight: 15 hours and 3 minutes. | Sunrise: 5:49 AM  Sunset: 8:46 PM  Daylight: 14 hours and 57 minutes. | Sunrise: 5:52 AM  Sunset: 8:43 PM  Daylight: 14 hours and 50 minutes. | Sunrise: 5:55 AM  Sunset: 8:40 PM  Daylight: 14 hours and 44 minutes. |
| 31 |  | |  |  |  |  |  |
| Sunrise: 5:58 AM  Sunset: 8:36 PM  Daylight: 14 hours and 38 minutes. |  | |  |  |  |  |  |