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|  | August 2025 |
| Frogner, Viken, Norway |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 4:56 AMSunset: 9:47 PMDaylight: 16 hours and 51 minutes. | Sunrise: 4:58 AMSunset: 9:45 PMDaylight: 16 hours and 46 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 5:00 AMSunset: 9:42 PMDaylight: 16 hours and 41 minutes. | Sunrise: 5:03 AMSunset: 9:40 PMDaylight: 16 hours and 36 minutes. | Sunrise: 5:05 AMSunset: 9:37 PMDaylight: 16 hours and 31 minutes. | Sunrise: 5:08 AMSunset: 9:34 PMDaylight: 16 hours and 26 minutes. | Sunrise: 5:10 AMSunset: 9:32 PMDaylight: 16 hours and 21 minutes. | Sunrise: 5:12 AMSunset: 9:29 PMDaylight: 16 hours and 16 minutes. | Sunrise: 5:15 AMSunset: 9:27 PMDaylight: 16 hours and 11 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 5:17 AMSunset: 9:24 PMDaylight: 16 hours and 6 minutes. | Sunrise: 5:20 AMSunset: 9:21 PMDaylight: 16 hours and 1 minute. | Sunrise: 5:22 AMSunset: 9:18 PMDaylight: 15 hours and 56 minutes. | Sunrise: 5:24 AMSunset: 9:16 PMDaylight: 15 hours and 51 minutes. | Sunrise: 5:27 AMSunset: 9:13 PMDaylight: 15 hours and 46 minutes. | Sunrise: 5:29 AMSunset: 9:10 PMDaylight: 15 hours and 40 minutes. | Sunrise: 5:32 AMSunset: 9:07 PMDaylight: 15 hours and 35 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:34 AMSunset: 9:04 PMDaylight: 15 hours and 30 minutes. | Sunrise: 5:36 AMSunset: 9:02 PMDaylight: 15 hours and 25 minutes. | Sunrise: 5:39 AMSunset: 8:59 PMDaylight: 15 hours and 19 minutes. | Sunrise: 5:41 AMSunset: 8:56 PMDaylight: 15 hours and 14 minutes. | Sunrise: 5:44 AMSunset: 8:53 PMDaylight: 15 hours and 9 minutes. | Sunrise: 5:46 AMSunset: 8:50 PMDaylight: 15 hours and 3 minutes. | Sunrise: 5:48 AMSunset: 8:47 PMDaylight: 14 hours and 58 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:51 AMSunset: 8:44 PMDaylight: 14 hours and 53 minutes. | Sunrise: 5:53 AMSunset: 8:41 PMDaylight: 14 hours and 48 minutes. | Sunrise: 5:56 AMSunset: 8:38 PMDaylight: 14 hours and 42 minutes. | Sunrise: 5:58 AMSunset: 8:35 PMDaylight: 14 hours and 37 minutes. | Sunrise: 6:00 AMSunset: 8:32 PMDaylight: 14 hours and 32 minutes. | Sunrise: 6:03 AMSunset: 8:29 PMDaylight: 14 hours and 26 minutes. | Sunrise: 6:05 AMSunset: 8:26 PMDaylight: 14 hours and 21 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 6:08 AMSunset: 8:23 PMDaylight: 14 hours and 15 minutes. |  |  |  |  |  |  |