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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | August 2025 | | | | | | |
| El Benque, Honduras | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  | 1 | 2 |
|  |  | |  |  |  | Sunrise: 5:29 AM  Sunset: 6:14 PM  Daylight: 12 hours and 44 minutes. | Sunrise: 5:30 AM  Sunset: 6:14 PM  Daylight: 12 hours and 43 minutes. |
| 3 | 4 | | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 5:30 AM  Sunset: 6:13 PM  Daylight: 12 hours and 43 minutes. | Sunrise: 5:30 AM  Sunset: 6:13 PM  Daylight: 12 hours and 42 minutes. | | Sunrise: 5:30 AM  Sunset: 6:13 PM  Daylight: 12 hours and 42 minutes. | Sunrise: 5:31 AM  Sunset: 6:12 PM  Daylight: 12 hours and 41 minutes. | Sunrise: 5:31 AM  Sunset: 6:12 PM  Daylight: 12 hours and 40 minutes. | Sunrise: 5:31 AM  Sunset: 6:11 PM  Daylight: 12 hours and 40 minutes. | Sunrise: 5:31 AM  Sunset: 6:11 PM  Daylight: 12 hours and 39 minutes. |
| 10 | 11 | | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 5:31 AM  Sunset: 6:10 PM  Daylight: 12 hours and 39 minutes. | Sunrise: 5:31 AM  Sunset: 6:10 PM  Daylight: 12 hours and 38 minutes. | | Sunrise: 5:32 AM  Sunset: 6:09 PM  Daylight: 12 hours and 37 minutes. | Sunrise: 5:32 AM  Sunset: 6:09 PM  Daylight: 12 hours and 37 minutes. | Sunrise: 5:32 AM  Sunset: 6:08 PM  Daylight: 12 hours and 36 minutes. | Sunrise: 5:32 AM  Sunset: 6:08 PM  Daylight: 12 hours and 35 minutes. | Sunrise: 5:32 AM  Sunset: 6:07 PM  Daylight: 12 hours and 35 minutes. |
| 17 | 18 | | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:32 AM  Sunset: 6:07 PM  Daylight: 12 hours and 34 minutes. | Sunrise: 5:32 AM  Sunset: 6:06 PM  Daylight: 12 hours and 33 minutes. | | Sunrise: 5:33 AM  Sunset: 6:06 PM  Daylight: 12 hours and 33 minutes. | Sunrise: 5:33 AM  Sunset: 6:05 PM  Daylight: 12 hours and 32 minutes. | Sunrise: 5:33 AM  Sunset: 6:04 PM  Daylight: 12 hours and 31 minutes. | Sunrise: 5:33 AM  Sunset: 6:04 PM  Daylight: 12 hours and 30 minutes. | Sunrise: 5:33 AM  Sunset: 6:03 PM  Daylight: 12 hours and 30 minutes. |
| 24 | 25 | | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:33 AM  Sunset: 6:03 PM  Daylight: 12 hours and 29 minutes. | Sunrise: 5:33 AM  Sunset: 6:02 PM  Daylight: 12 hours and 28 minutes. | | Sunrise: 5:33 AM  Sunset: 6:01 PM  Daylight: 12 hours and 28 minutes. | Sunrise: 5:33 AM  Sunset: 6:01 PM  Daylight: 12 hours and 27 minutes. | Sunrise: 5:33 AM  Sunset: 6:00 PM  Daylight: 12 hours and 26 minutes. | Sunrise: 5:33 AM  Sunset: 5:59 PM  Daylight: 12 hours and 25 minutes. | Sunrise: 5:34 AM  Sunset: 5:59 PM  Daylight: 12 hours and 25 minutes. |
| 31 |  | |  |  |  |  |  |
| Sunrise: 5:34 AM  Sunset: 5:58 PM  Daylight: 12 hours and 24 minutes. |  | |  |  |  |  |  |