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|  | August 2025 |
| Des Moines, Iowa, United States |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 6:08 AMSunset: 8:32 PMDaylight: 14 hours and 23 minutes. | Sunrise: 6:09 AMSunset: 8:31 PMDaylight: 14 hours and 21 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 6:10 AMSunset: 8:30 PMDaylight: 14 hours and 19 minutes. | Sunrise: 6:11 AMSunset: 8:29 PMDaylight: 14 hours and 17 minutes. | Sunrise: 6:12 AMSunset: 8:28 PMDaylight: 14 hours and 15 minutes. | Sunrise: 6:13 AMSunset: 8:26 PMDaylight: 14 hours and 13 minutes. | Sunrise: 6:14 AMSunset: 8:25 PMDaylight: 14 hours and 10 minutes. | Sunrise: 6:15 AMSunset: 8:24 PMDaylight: 14 hours and 8 minutes. | Sunrise: 6:16 AMSunset: 8:23 PMDaylight: 14 hours and 6 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 6:17 AMSunset: 8:21 PMDaylight: 14 hours and 3 minutes. | Sunrise: 6:18 AMSunset: 8:20 PMDaylight: 14 hours and 1 minute. | Sunrise: 6:19 AMSunset: 8:19 PMDaylight: 13 hours and 59 minutes. | Sunrise: 6:20 AMSunset: 8:17 PMDaylight: 13 hours and 56 minutes. | Sunrise: 6:21 AMSunset: 8:16 PMDaylight: 13 hours and 54 minutes. | Sunrise: 6:22 AMSunset: 8:14 PMDaylight: 13 hours and 52 minutes. | Sunrise: 6:24 AMSunset: 8:13 PMDaylight: 13 hours and 49 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 6:25 AMSunset: 8:12 PMDaylight: 13 hours and 47 minutes. | Sunrise: 6:26 AMSunset: 8:10 PMDaylight: 13 hours and 44 minutes. | Sunrise: 6:27 AMSunset: 8:09 PMDaylight: 13 hours and 42 minutes. | Sunrise: 6:28 AMSunset: 8:07 PMDaylight: 13 hours and 39 minutes. | Sunrise: 6:29 AMSunset: 8:06 PMDaylight: 13 hours and 37 minutes. | Sunrise: 6:30 AMSunset: 8:04 PMDaylight: 13 hours and 34 minutes. | Sunrise: 6:31 AMSunset: 8:03 PMDaylight: 13 hours and 31 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 6:32 AMSunset: 8:01 PMDaylight: 13 hours and 29 minutes. | Sunrise: 6:33 AMSunset: 8:00 PMDaylight: 13 hours and 26 minutes. | Sunrise: 6:34 AMSunset: 7:58 PMDaylight: 13 hours and 24 minutes. | Sunrise: 6:35 AMSunset: 7:56 PMDaylight: 13 hours and 21 minutes. | Sunrise: 6:36 AMSunset: 7:55 PMDaylight: 13 hours and 18 minutes. | Sunrise: 6:37 AMSunset: 7:53 PMDaylight: 13 hours and 16 minutes. | Sunrise: 6:38 AMSunset: 7:51 PMDaylight: 13 hours and 13 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 6:39 AMSunset: 7:50 PMDaylight: 13 hours and 11 minutes. |  |  |  |  |  |  |