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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Verkhnyaya Balkariya, Russia | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 4:30 AM  Sunset: 7:49 PM  Daylight: 15 hours and 19 minutes. | Sunrise: 4:30 AM  Sunset: 7:49 PM  Daylight: 15 hours and 18 minutes. | Sunrise: 4:31 AM  Sunset: 7:49 PM  Daylight: 15 hours and 17 minutes. | Sunrise: 4:32 AM  Sunset: 7:49 PM  Daylight: 15 hours and 17 minutes. | Sunrise: 4:32 AM  Sunset: 7:48 PM  Daylight: 15 hours and 16 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 4:33 AM  Sunset: 7:48 PM  Daylight: 15 hours and 15 minutes. | Sunrise: 4:34 AM  Sunset: 7:48 PM  Daylight: 15 hours and 14 minutes. | Sunrise: 4:34 AM  Sunset: 7:47 PM  Daylight: 15 hours and 13 minutes. | Sunrise: 4:35 AM  Sunset: 7:47 PM  Daylight: 15 hours and 11 minutes. | Sunrise: 4:36 AM  Sunset: 7:46 PM  Daylight: 15 hours and 10 minutes. | Sunrise: 4:36 AM  Sunset: 7:46 PM  Daylight: 15 hours and 9 minutes. | Sunrise: 4:37 AM  Sunset: 7:45 PM  Daylight: 15 hours and 8 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 4:38 AM  Sunset: 7:45 PM  Daylight: 15 hours and 6 minutes. | Sunrise: 4:39 AM  Sunset: 7:44 PM  Daylight: 15 hours and 5 minutes. | Sunrise: 4:40 AM  Sunset: 7:44 PM  Daylight: 15 hours and 3 minutes. | Sunrise: 4:41 AM  Sunset: 7:43 PM  Daylight: 15 hours and 2 minutes. | Sunrise: 4:41 AM  Sunset: 7:42 PM  Daylight: 15 hours and 0 minutes. | Sunrise: 4:42 AM  Sunset: 7:42 PM  Daylight: 14 hours and 59 minutes. | Sunrise: 4:43 AM  Sunset: 7:41 PM  Daylight: 14 hours and 57 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 4:44 AM  Sunset: 7:40 PM  Daylight: 14 hours and 55 minutes. | Sunrise: 4:45 AM  Sunset: 7:39 PM  Daylight: 14 hours and 54 minutes. | Sunrise: 4:46 AM  Sunset: 7:38 PM  Daylight: 14 hours and 52 minutes. | Sunrise: 4:47 AM  Sunset: 7:37 PM  Daylight: 14 hours and 50 minutes. | Sunrise: 4:48 AM  Sunset: 7:36 PM  Daylight: 14 hours and 48 minutes. | Sunrise: 4:49 AM  Sunset: 7:36 PM  Daylight: 14 hours and 46 minutes. | Sunrise: 4:50 AM  Sunset: 7:35 PM  Daylight: 14 hours and 44 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 4:51 AM  Sunset: 7:33 PM  Daylight: 14 hours and 42 minutes. | Sunrise: 4:52 AM  Sunset: 7:32 PM  Daylight: 14 hours and 40 minutes. | Sunrise: 4:53 AM  Sunset: 7:31 PM  Daylight: 14 hours and 38 minutes. | Sunrise: 4:54 AM  Sunset: 7:30 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:55 AM  Sunset: 7:29 PM  Daylight: 14 hours and 34 minutes. |  |  |