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|  | July 2025 |
| Verkhnyaya Balkariya, Russia |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 4:30 AM Sunset: 7:49 PM Daylight: 15 hours and 19 minutes.  | Sunrise: 4:30 AM Sunset: 7:49 PM Daylight: 15 hours and 18 minutes.  | Sunrise: 4:31 AM Sunset: 7:49 PM Daylight: 15 hours and 17 minutes.  | Sunrise: 4:32 AM Sunset: 7:49 PM Daylight: 15 hours and 17 minutes.  | Sunrise: 4:32 AM Sunset: 7:48 PM Daylight: 15 hours and 16 minutes.  |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 4:33 AM Sunset: 7:48 PM Daylight: 15 hours and 15 minutes.  | Sunrise: 4:34 AM Sunset: 7:48 PM Daylight: 15 hours and 14 minutes.  | Sunrise: 4:34 AM Sunset: 7:47 PM Daylight: 15 hours and 13 minutes.  | Sunrise: 4:35 AM Sunset: 7:47 PM Daylight: 15 hours and 11 minutes.  | Sunrise: 4:36 AM Sunset: 7:46 PM Daylight: 15 hours and 10 minutes.  | Sunrise: 4:36 AM Sunset: 7:46 PM Daylight: 15 hours and 9 minutes.  | Sunrise: 4:37 AM Sunset: 7:45 PM Daylight: 15 hours and 8 minutes.  |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 4:38 AM Sunset: 7:45 PM Daylight: 15 hours and 6 minutes.  | Sunrise: 4:39 AM Sunset: 7:44 PM Daylight: 15 hours and 5 minutes.  | Sunrise: 4:40 AM Sunset: 7:44 PM Daylight: 15 hours and 3 minutes.  | Sunrise: 4:41 AM Sunset: 7:43 PM Daylight: 15 hours and 2 minutes.  | Sunrise: 4:41 AM Sunset: 7:42 PM Daylight: 15 hours and 0 minutes.  | Sunrise: 4:42 AM Sunset: 7:42 PM Daylight: 14 hours and 59 minutes.  | Sunrise: 4:43 AM Sunset: 7:41 PM Daylight: 14 hours and 57 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 4:44 AM Sunset: 7:40 PM Daylight: 14 hours and 55 minutes.  | Sunrise: 4:45 AM Sunset: 7:39 PM Daylight: 14 hours and 54 minutes.  | Sunrise: 4:46 AM Sunset: 7:38 PM Daylight: 14 hours and 52 minutes.  | Sunrise: 4:47 AM Sunset: 7:37 PM Daylight: 14 hours and 50 minutes.  | Sunrise: 4:48 AM Sunset: 7:36 PM Daylight: 14 hours and 48 minutes.  | Sunrise: 4:49 AM Sunset: 7:36 PM Daylight: 14 hours and 46 minutes.  | Sunrise: 4:50 AM Sunset: 7:35 PM Daylight: 14 hours and 44 minutes.  |
| 27  | 28  | 29  | 30  | 31  |   |   |
| Sunrise: 4:51 AM Sunset: 7:33 PM Daylight: 14 hours and 42 minutes.  | Sunrise: 4:52 AM Sunset: 7:32 PM Daylight: 14 hours and 40 minutes.  | Sunrise: 4:53 AM Sunset: 7:31 PM Daylight: 14 hours and 38 minutes.  | Sunrise: 4:54 AM Sunset: 7:30 PM Daylight: 14 hours and 36 minutes.  | Sunrise: 4:55 AM Sunset: 7:29 PM Daylight: 14 hours and 34 minutes.  |     |     |