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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Ukhta, Russia | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 1:15 AM  Sunset: 9:42 PM  Daylight: 20 hours and 26 minutes. | Sunrise: 1:17 AM  Sunset: 9:41 PM  Daylight: 20 hours and 23 minutes. | Sunrise: 1:19 AM  Sunset: 9:39 PM  Daylight: 20 hours and 20 minutes. | Sunrise: 1:21 AM  Sunset: 9:38 PM  Daylight: 20 hours and 16 minutes. | Sunrise: 1:23 AM  Sunset: 9:36 PM  Daylight: 20 hours and 13 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 1:25 AM  Sunset: 9:34 PM  Daylight: 20 hours and 9 minutes. | Sunrise: 1:27 AM  Sunset: 9:32 PM  Daylight: 20 hours and 5 minutes. | Sunrise: 1:29 AM  Sunset: 9:30 PM  Daylight: 20 hours and 1 minute. | Sunrise: 1:32 AM  Sunset: 9:28 PM  Daylight: 19 hours and 56 minutes. | Sunrise: 1:34 AM  Sunset: 9:26 PM  Daylight: 19 hours and 52 minutes. | Sunrise: 1:37 AM  Sunset: 9:24 PM  Daylight: 19 hours and 47 minutes. | Sunrise: 1:39 AM  Sunset: 9:22 PM  Daylight: 19 hours and 42 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 1:42 AM  Sunset: 9:19 PM  Daylight: 19 hours and 37 minutes. | Sunrise: 1:44 AM  Sunset: 9:17 PM  Daylight: 19 hours and 32 minutes. | Sunrise: 1:47 AM  Sunset: 9:14 PM  Daylight: 19 hours and 27 minutes. | Sunrise: 1:50 AM  Sunset: 9:12 PM  Daylight: 19 hours and 21 minutes. | Sunrise: 1:53 AM  Sunset: 9:09 PM  Daylight: 19 hours and 16 minutes. | Sunrise: 1:56 AM  Sunset: 9:06 PM  Daylight: 19 hours and 10 minutes. | Sunrise: 1:58 AM  Sunset: 9:04 PM  Daylight: 19 hours and 5 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 2:01 AM  Sunset: 9:01 PM  Daylight: 18 hours and 59 minutes. | Sunrise: 2:04 AM  Sunset: 8:58 PM  Daylight: 18 hours and 53 minutes. | Sunrise: 2:07 AM  Sunset: 8:55 PM  Daylight: 18 hours and 48 minutes. | Sunrise: 2:10 AM  Sunset: 8:52 PM  Daylight: 18 hours and 42 minutes. | Sunrise: 2:13 AM  Sunset: 8:50 PM  Daylight: 18 hours and 36 minutes. | Sunrise: 2:16 AM  Sunset: 8:47 PM  Daylight: 18 hours and 30 minutes. | Sunrise: 2:19 AM  Sunset: 8:44 PM  Daylight: 18 hours and 24 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 2:22 AM  Sunset: 8:41 PM  Daylight: 18 hours and 18 minutes. | Sunrise: 2:25 AM  Sunset: 8:37 PM  Daylight: 18 hours and 12 minutes. | Sunrise: 2:28 AM  Sunset: 8:34 PM  Daylight: 18 hours and 6 minutes. | Sunrise: 2:31 AM  Sunset: 8:31 PM  Daylight: 18 hours and 0 minutes. | Sunrise: 2:34 AM  Sunset: 8:28 PM  Daylight: 17 hours and 53 minutes. |  |  |