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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| South Shields, England, United Kingdom | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 4:31 AM  Sunset: 9:47 PM  Daylight: 17 hours and 16 minutes. | Sunrise: 4:32 AM  Sunset: 9:47 PM  Daylight: 17 hours and 15 minutes. | Sunrise: 4:33 AM  Sunset: 9:46 PM  Daylight: 17 hours and 13 minutes. | Sunrise: 4:33 AM  Sunset: 9:46 PM  Daylight: 17 hours and 12 minutes. | Sunrise: 4:34 AM  Sunset: 9:45 PM  Daylight: 17 hours and 10 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 4:35 AM  Sunset: 9:45 PM  Daylight: 17 hours and 9 minutes. | Sunrise: 4:37 AM  Sunset: 9:44 PM  Daylight: 17 hours and 7 minutes. | Sunrise: 4:38 AM  Sunset: 9:43 PM  Daylight: 17 hours and 5 minutes. | Sunrise: 4:39 AM  Sunset: 9:42 PM  Daylight: 17 hours and 3 minutes. | Sunrise: 4:40 AM  Sunset: 9:41 PM  Daylight: 17 hours and 1 minute. | Sunrise: 4:41 AM  Sunset: 9:40 PM  Daylight: 16 hours and 59 minutes. | Sunrise: 4:42 AM  Sunset: 9:39 PM  Daylight: 16 hours and 56 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 4:44 AM  Sunset: 9:38 PM  Daylight: 16 hours and 54 minutes. | Sunrise: 4:45 AM  Sunset: 9:37 PM  Daylight: 16 hours and 51 minutes. | Sunrise: 4:47 AM  Sunset: 9:36 PM  Daylight: 16 hours and 49 minutes. | Sunrise: 4:48 AM  Sunset: 9:35 PM  Daylight: 16 hours and 46 minutes. | Sunrise: 4:49 AM  Sunset: 9:33 PM  Daylight: 16 hours and 43 minutes. | Sunrise: 4:51 AM  Sunset: 9:32 PM  Daylight: 16 hours and 41 minutes. | Sunrise: 4:52 AM  Sunset: 9:31 PM  Daylight: 16 hours and 38 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 4:54 AM  Sunset: 9:29 PM  Daylight: 16 hours and 35 minutes. | Sunrise: 4:56 AM  Sunset: 9:28 PM  Daylight: 16 hours and 32 minutes. | Sunrise: 4:57 AM  Sunset: 9:26 PM  Daylight: 16 hours and 29 minutes. | Sunrise: 4:59 AM  Sunset: 9:25 PM  Daylight: 16 hours and 26 minutes. | Sunrise: 5:00 AM  Sunset: 9:23 PM  Daylight: 16 hours and 22 minutes. | Sunrise: 5:02 AM  Sunset: 9:22 PM  Daylight: 16 hours and 19 minutes. | Sunrise: 5:04 AM  Sunset: 9:20 PM  Daylight: 16 hours and 16 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 5:05 AM  Sunset: 9:18 PM  Daylight: 16 hours and 12 minutes. | Sunrise: 5:07 AM  Sunset: 9:16 PM  Daylight: 16 hours and 9 minutes. | Sunrise: 5:09 AM  Sunset: 9:15 PM  Daylight: 16 hours and 5 minutes. | Sunrise: 5:11 AM  Sunset: 9:13 PM  Daylight: 16 hours and 2 minutes. | Sunrise: 5:12 AM  Sunset: 9:11 PM  Daylight: 15 hours and 58 minutes. |  |  |